

NSC Bothell June 2026 Activities Calendar: June 1-13

Food & Entertainment:

Monday – Friday

12-12:30 pm Community Dining
-- Sign-up required

Tuesday/ Thursday

11 am -2 Soup in Coffee Bar

Wednesday

12 pm Pie Day -- Coffee Bar
4pm -7pm Happy Hour -- Coffee Bar

Tuesday/Saturday

9-12 Food Pantry

Calendar Legend:

FC = Fitness Center
H&W = Health & Wellness Center
MP = Multipurpose Room
S = Studio

Blue = Special Events

Green = Free Lectures

For more details, such as class/activity duration, please see Spring Catalog.

No activities on Sundays



	Monday	Tuesday	Wednesday	Thursday	Friday/Saturday				
1	8:30 am Enhance Fitness (MP) 9:30 am Ceramics Open Studio (Rm 103) 9:30 am German Conversational (Rm 205) 10 am Senior Aerobics (MP) 10 am Watercolor (Rm 104) 11:30 am Otago (MP) 10 am – 2:30 Russian Language (Rm 202) 12 pm Pinochle (Rm 203) 1 pm French Conversation (Rm 103) 1 pm JFS Music Mondays (Rm 202) 1 pm Astronomy Club (Rm 205) 1 pm Pickleball Open Play (MP) 1:30 pm Conversation Café (Rm 104) 2 pm Chair Pilates (S) 2:30 pm Ceramics Mastery (Rm 103)	2	8:30 am Functional Fitness (FC) 9 am Walking Group 9:30 am Strength & Balance (MP) 9:30 am Knit Wits (Rm 103) 9:45 am Functional Fitness (FC) 10 am Color Pencil Beg/Int (Rm 104) 10 am – 2:30pm IACP (Rm 202/203) 10 am Variety Show & Band (Rm 205) 10 am Mahjong (Lounge) 10 am Colored Pencil Beg.- (Rm 104) 10:30 am Tai Chi -Beg. (S) 11 am Feldenkrais (H&W Conf.) 11 am Functional Fitness (FC) 11:15 am Line Dancing (MP) 11:30 am Tai Chi – Int. (S) 1 pm Mindfulness (varies) 1 pm Qigong (S) 1 pm Spanish Conversation (Rm 103) 1:30 pm Learning Technology Series (H&W) 2 pm Pickleball I (MP) 2 pm Men’s Social Group 2:30 pm Qigong (S) 3 pm Spin Class (FC) 3:30 pm Pickleball 2 Int (MP)	3	8:30 am Enhance Fitness (MP) 9:15 am Watercolor (R 104) 9:30 am Mat Pilates (Studio) 9:30 am Ceramics Low Fire-Beg. (R 103) 10 am Senior Aerobics (MP) 10 am Cycling Club Golden Gears 10:45 am Mat Pilates Beg. (S) 11:30 am Otago (MP) 12 pm Tai Chi Basics (S) 12:30 pm Acrylics & More (Rm 104) 12:30 pm Quilt Club (Rm 103) 1 pm Sharing & Caring (Rm 205) 1 pm Cornhole Social (MP Stage) 1 pm Table Tennis (MP) 1 pm Creative Writing Group (Rm 203) 2:30 pm Guitar Club (Rm 205) 3:30 pm Ballroom Dance (MP) 3:30 pm Open Mic (Dining) 3:30 pm Multimedia Pen & Ink (Rm 103) 4 pm Mahjong (Lounge) 4 pm Bingo (Rm 202/203) 4:30 pm Essentrics (S) 5:30 pm Ceramics Low Fire– Int (Rm 103) 5:30 pm Pickleball- Open (MP) 6 pm Driftwood Sculpture (Rm 104)	4	8:30 am Functional Fitness (FC) 8:30 am Yoga-Breath/Balance (S) 8:30 am Driftwood Sculpture (Rm 104) 9 am Acrylic Art (Rm 103) 9:30 am Strength & Balance (MP) 9:45 am Functional Fitness (FC) 10 am Fishing Club 10:30 am Tai Chi Beginner (S) 11 am Functional Fitness (FC) 11 am Color Pencil/Drawing (Rm 104) 11:30 am Tai Chi Practice (Studio) 11:30 am Drum Circle (Rm 103) 11:30 am Pickleball 2 Round Robin (MP) 12:15 pm Weightlifting 101 (FC) 12:30 pm Hand & Foot (Lounge) 1 pm Challenging Family Situations Group (Rm 103) 1:15 pm Ageless Together (Dining Room) 1:30 pm Learning Technology Series (H&W) 1:30 pm CEO Coffee Chat (Varies) 2 pm Pickleball Beg. Open Play (MP) 2:30 pm Driftwood Sculpture (Rm 104)	5	8:30 am Enhance Fitness (MP) 8:30 am Watercolor Beg (Rm 104) 9:30 am Mat Pilates (Studio) 9:30 am Mahjong (Rm 202) 10 am Cardio Drumming (MP) 10 am Writing for Memoir (Rm 103) 10:30 am Cribbage (Rm 203:) 10:45 am Mat Pilates Beg.(S) 11 am Women’s Writing (Rm 205) 11:30 am Watercolor (Rm 104) 12 pm :Pinochle(Rm 203) 12 pm Zumba Gold (MP) 1 pm Pickleball Open Play (MP) 2 pm Soft Pastels (Rm 103)
8	8:30 am Enhance Fitness (MP) 9 am Veterans Breakfast (Dining) 9:30 am Ceramics Open Studio (Rm 103) 9:30 am German Conversation (Rm 205) 10 am Senior Aerobics (MP) 10 am Watercolor (Rm 104) 10 am JFS Russian Language (Rm 202) 11:30 am Otago (MP) 11:45 Jewelry Club (Rm 103) 12 pm Pinochle (Rm 203) 1 pm Astronomy Club (Rm 205) 1 pm Pickleball Open Play (MP) 1:30 pm Conversation Café (Rm 104) 2 pm Chair Pilates (S) 2:30 pm Ceramics Mastery (Rm 103)	9	8:30 am Functional Fitness (FC) 9 am Walking Group 9:30 am Strength & Balance (MP) 9:30 am Knit Wits (Rm 103) 9:45 Functional Fitness (FC) 10 am Colored Pencil Beg/Int (Rm 104) 11 am Feldenkrais (H&W Conf.) 10 am Variety Show & Band (Rm 205) 10 am Mahjong (Lounge) 10 am Colored Pencil Beg. (Rm 104) 10:30 am Tai Chi -Beg. (S) 11 am -12 Functional Fitness (FC) 11:15 am Line Dancing (MP) 11:30 Lunch Bunch 11:30 am Tai Chi – Int. (S) 11:45 am Jewelry Club (rm 103) 1 pm Mindfulness (Rm 203) 1 pm Book Club (Rm 205) 1 pm Qigong (S) 1 pm Impactful Empathy (Rm 202) 1 pm Spanish Conversation (Rm 103) 1:30 pm Learning Technology Series (H&W) 2 pm Pickleball I (MP) 2:30 pm Qigong (S) 3:30 pm Pickleball 2 Int (MP)	10	8:30 am Enhance Fitness (MP) 9:15 Watercolor (R 104) 9:30 am Mat Pilates (Studio) 9:30 am Ceramics Low Fire -Beg. (R 103) 10 am Senior Aerobics (MP) 10 am Cycling Club Golden Gears 10 am Diabetes/Pre-Diabetes Group (Rom 205) 10:45 am Mat Pilates Beg. (S) 11:30 am Otago (MP) 12 pm Tai Chi Basics (S) 12:30 pm Acrylics & More (Rm 104) 12:30 pm Quilt Club (Rm 103) 1 pm Sharing & Caring (Rm 205) 1 pm Cornhole Social (MP Stage) 1 pm Table Tennis (MP) 1 pm Creative Writing Group (Rm 203) 1:30 pm Financial Markets Discussion (Dining) 2:30 pm Guitar Club (Rm 205) 3:30 pm Ballroom Dance (MP) 3:30 pm Multimedia Pen & Ink (Rm 103) 4 pm Mahjong (Lounge) 4 pm Bingo (Rm 202/203) 4:30 pm Essentrics (S) 5:30 pm Ceramics Low Fire– Int (Rm 103) 5:30 pm Pickleball- Open (MP) 6 pm Driftwood Sculpture (Rm 104)	11	8:30 am Functional Fitness (FC) 8:30 am Yoga-Breath/Balance (S) 8:30 am Driftwood Sculpture (Rm 104) 9 am Acrylic Art (Rm 103) 9:30 am Strength & Balance (MP) 9:45 am Functional Fitness (FC) 10:30 am Tai Chi Beginner (S) 11 am Functional Fitness (FC) 11 am -2 Color Pencil/Drawing (Rm 104) 11:30 am Tai Chi Practice (Studio) 11:30 am Drum Circle (Rm 103) 11:30 am Pickleball 2 Round Robin (MP) 12:15 pm Weightlifting 101 (FC) 12:30 pm Hand & Foot (Lounge) 1 pm Challenging Family Situations Group (Rm 103) 1:15 pm Ageless Together (Dining Room) 1:30 pm Learning Technology Series (H&W) 1:30 pm CEO Coffee Chat (Varies) 2 pm Pickleball Beg. Open Play (MP) 2:30 pm Driftwood Sculpture (Rm 104)	12	8:30 am Evergreen Mobile Mammography Coach 8:30 am Enhance Fitness (MP) 8:30 am Watercolor Beg (Rm 104) 9:30 am Mat Pilates (Studio) 9:30 am Mahjong (Rm 202) 10 am Cardio Drumming (MP) 10 am Writing for Memoir (Rm 103) 10:30 am Cribbage (Rm 203:) 10:45 am Mat Pilates Beg.(S) 11 am Women’s Writing (Rm 205) 11:30 am Watercolor (Rm 104) 12 pm :Pinochle(Rm 203) 12 pm Zumba Gold (MP) 1 pm Pickleball Open Play (MP) 2 pm Soft Pastels (Rm 103)
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					9 am Pancake Breakfast (Dining) 9 am Tech Skills (Lobby) 9 am Pickleball Beginner (MP) 10:30 am Pickleball Int. (MP) 12:30 BINGO (Rms 202/203)				
					13				
					9 am Pickleball Beginner (MP) 10:30 am Pickleball Int. (MP) 11 am Cooking Class with Chef Shant (H&W)				

