

NSC KENMORE APRIL 2026 Calendar



425.489.0707

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Northshore Backgammon Social Club meets every Monday, 6:30-8:30 Third Place Commons in Lake Forest Park FREE</p>	<p>START Fitness Class is off-site at Kenmore Senior Living 7221 NE 182nd St. Mon & Thurs</p>	<p>1 Qi Gong 11-12 F Bridge 11-3 PC Beading & Jewelry Repair 1-3p \$ Tapping for Calm 1-3p \$</p>	<p>2 START Fitness 9:30-10:30a \$ Mat Pilates 9:30-10:30 \$ From Idea to Author 10a \$ Chair Pilates 11-11:45 \$ Watercolor noon-3p \$ Crafting Club 12:30-3</p>	<p>3 Sewing 10-noon Hand & Foot 12-3 PC Board Games 12-3p PC</p>
<p>6 -START Fitness 9:30-10:30a \$ Watercolor Meetup 10a\$ Tone-Up Fitness 10:30-11:30a \$ Cardio Drumming 11:30-12:15 \$ Bridge 11-3 PC Draw/Sketch 1-3 \$</p>	<p>7 Yoga4You 9:30-10:15a Pastels 10a-12p \$ Driftwood 10-12 \$ Guitar Connect 12:30-3 F Backgammon 12:30-3 PC Chair Pilates 2-2:45 \$ Hopelink Mobile Food Market 1-2p</p>	<p>8 -Qi Gong 11-12 F -Bridge 11-3 PC -Beading & Jewelry Repair 1-3p \$ -FOOD PANTRY 12:30-2PM</p>	<p>9 START Fitness 9:30-10:30a \$ Mat Pilates 9:30-10:30 \$ From Idea to Author 10a \$ Chair Pilates 11-11:45 \$ Watercolor noon-3p \$ Crafting Club 12:30-3</p>	<p>10 Sewing Club 10-noon F Hand & Foot 12-3 PC Board Games 12-3p PC</p>
<p>13 START Fitness 9:30-10:30a \$ Watercolor Meetup 10a\$ Tone-Up Fitness 10:30-11:30a \$ Cardio Drumming 11:30-12:15 \$ Bridge 11-3 PC Draw/Sketch 1-3 \$ BOOK CLUB 1-2:30P</p>	<p>14 Yoga4You 9:30-10:15a Pastels 10a-12p \$ Driftwood 10-12 \$ LUNCH BUNCH Tai Tung Backgammon 12:30-3 Guitar Connect 12:30-3 Chair Pilates 2-2:45 \$ KENMORE CITY HALL BACKGAMMON 6:30P</p>	<p>15 -Qi Gong 11-12 F -Bridge 11-3 PC -Food Pantry 12:30-2p F -Beading & Jewelry Repair 1-3p \$</p>	<p>16 START Fitness 9:30-10:30a \$ Mat Pilates 9:30-10:30 \$ From Idea to Author 10a \$ Chair Pilates 11-11:45 \$ Watercolor 12-3p \$ Crafting Club 12:30-3</p>	<p>17 Sewing Club 10-noon F Board Games 12-3p PC Hand & Foot 12-3 PC</p>
<p>20 START Fitness 9:30-10:30a \$ Watercolor Meetup 10a\$ Tone-Up Fitness 10:30-11:30a \$ Cardio Drumming 11:30-12:15 \$ Bridge 11-3 PC Draw/Sketch 1-3 \$</p>	<p>21 SHIBA 9-NOON BY APPT. F Yoga4You 9:30-10:15a Pastels 10a-12p \$ Driftwood 10-12 \$ Guitar Connect 12:30-3 Backgammon 12:30-3 PC Chair Pilates 2-2:45 \$ Hopelink Food Truck 1p</p>	<p>22 -Qi Gong 11-12 F -Bridge 11-3 PC -Beading & Jewelry Repair 1-3p \$ -FOOD PANTRY 12:30-2PM F</p>	<p>23 START Fitness 9:30-10:30a \$ Mat Pilates 9:30-10:30 \$ From Idea to Author 10a \$ Watercolor 12-3p \$ Chair Pilates 11-11:45 \$ Crafting Club 12:30-3 F MEDICARE 1-3p F</p>	<p>24 Sewing Club 10-noon F Hand & Foot 12-3 PC Board Games 12-3p PC</p>
<p>27 START Fitness 9:30-10:30a \$ Watercolor Meetup 10a Tone-Up Fitness 10:30-11:30a \$ Cardio Drumming 11:30-12:15 \$ Bridge 11-3 PC Draw/Sketch 1-3 \$</p>	<p>28 Yoga4You 9:30-10:15a Pastels 10a-12p \$ Driftwood 10-12 \$ Guitar Connect 12:30-3 Backgammon 12:30-3 Chair Pilates 2-2:45 \$</p>	<p>29 Qi Gong 11-12 F Bridge 11-3 PC Food Pantry 12:30-2p F Beading & Jewelry Repair 1-3p \$</p>	<p>30 START Fitness 9:30-10:30a \$ Mat Pilates 9:30-10:30 \$ From Idea to Author 10a \$ Watercolor 12-3p \$ Chair Pilates 11-11:45 \$ Crafting Club 12:30-3 F</p>	<p>PC=punch card \$ = fee for class F = free</p>

6910 NE 170th ST, Kenmore, Washington 98027 (In Rhododendron Park)

Telephone: 425-489-0707, Email: kenmoreseniorcenter@mynorthshore.org