

Northshore Senior Center

Pantry Essentials

CANNED FRUIT

- APPLESAUCE • MIXED FRUIT

CANNED VEGETABLES

- PEAS • CARROTS

CANNED BEANS

- PINTO • WHITE
- KIDNEY • CHILI

CANNED PROTEIN

- CHICKEN • TUNA

PERSONAL ITEMS

- TOOTHPASTE
- TOOTHBRUSHES
- HAND LOTION
- INCONTINENCE PRODUCTS
LARGE & EXTRA LARGE
(BRIEFS ESPECIALLY)

GRAIN & STARCH

- GRANOLA BARS
- OATMEAL PACKETS/
INSTANT POTATOES
- CRACKERS
- PASTA/RICE-A-RONI
- RAMEN
- MAC & CHEESE
- RICE

SOUP

- REGULAR SOUPS
- CREAM SOUPS, STEWS
- CHICKEN, BEEF, VEGETABLE
BROTH
- CANNED PASTA

OTHER

- PASTA SAUCE
- PEANUT BUTTER
- ENSURE/MUSCLE MILK
- PANCAKE MIX
- OATMEAL
- FRESH FRUIT
- FRESH VEGGIES
- DRY BEANS
- LENTILS
- PAPER BAGS
- ZIPLOC BAGS

Help fight food insecurity among seniors and people with disabilities in our community! We appreciate and welcome businesses, organizations, and communities wishing to host a food drive. If you want to learn more details about how to host your own food drive, please email Harry at HHorst@mynorthshore.org

