

NSC KENMORE DEC 2025 Calendar



425.489.0707

Monday	Tuesday	Wednesday	Thursday	Friday
1 **START Fitness 9:30-10:30 \$ -Tone-Up Fitness 10:30-11:30 \$ -Cardio Drumming 11:30-12:30 \$ -Bridge 11-3 PC -Mixed Media – 12-3\$ -Draw/Sketch 1-3 \$	2 -Driftwood 10-12 \$ -Guitar Connect 12:30-3 F -Backgammon 12:-3 PC -Hopelink Mobile Market 1-2p	3 -Qi Gong 11-12 F -Bridge 11-3 PC -Beading & Jewelry Repair 1-3 \$	4- **START Fitness 9:30-10:30a \$ -Mat Pilates 9:30-10:30 \$ -Chair Pilates 11-11:45 \$ -Watercolor 12-3p \$ -Crafting Club 12:30-3 F	5 -Sewing Club 10-noon F -Hand & Foot 12-3 PC - Board Games 12-3 PC -First Friday Card Making 1-3 \$
8 -**START Fitness 9:30-10:30 \$ -Tone-Up Fitness 10:30-11:30 \$ -Cardio Drumming 11:30-12:30 \$ -Bridge 11-3 PC -Book Club 1-2:30 F -Draw/Sketch 1-3 \$	9 -Driftwood 10-12 \$ -Guitar Connect 12:30-3 F -Backgammon 12:-3 PC	10 -Qi Gong 11-12 F -Bridge 11-3 PC -Food Pantry 12:30-2p F -Beading & Jewelry Repair 1-3 \$ WINE CLUB 1-3p	11 -**START Fitness 9:30-10:30 \$ -Mat Pilates 9:30-10:30 \$ -Chair Pilates 11-11:45 \$ -Watercolor 12-3 \$ -Crafting Club 12:30-3 F	12 -Sewing Club 10-noon F -Hand & Foot 12-3 PC -Board Games 12-3 PC
15 -**START Fitness 9:30-10:30 \$ -Tone-Up Fitness 10:30-11:30 \$ -Cardio Drumming 11:30-12:30 \$ -Bridge 11-3 PC -Mixed Media 12-3p \$ -Draw/Sketch 1-3 \$	16 -Driftwood 10-12 \$ -Guitar Connect 12:30-3 F -Backgammon 12-3 PC -SHIBA 9-12 BYAPPT -Hopelink Mobile Market 1-2p	17 -Qi Gong 11-12 F -Bridge 11-3 PC -Beading & Jewelry Repair 1-3 \$	18 -**START Fitness 9:30-10:30 \$ -Mat Pilates 9:30-10:30 \$ -Chair Pilates 11-11:45 \$ -Watercolor 12-3 \$ -Crafting Club 12:30-3 F	19 -Sewing Club 10-noon F -Board Games 12-3 PC -Hand & Foot 12-3 PC
22 -**START Fitness 9:30-10:30 \$ -Tone-Up Fitness 10:30-11:30 \$ -Cardio Drumming 11:30-12:30 \$ -Bridge 11-3 PC -Draw/Sketch 1-3 \$	23 -Driftwood 10-12 \$ -Backgammon 12-3 PC -Guitar Connect 12:30-3 F	24 -Qi Gong 11-12 F -Bridge 11-3 PC -Food Pantry 12:30-2 F -Beading & Jewelry Repair 1-3 \$	25 CLOSED FOR CHRISTMAS	26 CLOSED FOR CHRISTMAS
29 **START Fitness 9:30-10:30 \$ -Tone-Up Fitness 10:30-11:30 \$ -Cardio Drumming 11:30-12:30 \$ -Bridge 11-3 PC -Draw/Sketch 1-3 \$ *.	30 -Driftwood 10-12 \$ -Backgammon 12-3 PC -Guitar Connect 12:30-3 F	31 -Qi Gong 11-12 F -Bridge 11-3 PC -Beading & Jewelry Repair 1-3 \$	PC = Punch Card \$ = fee for class F = free	START FITNESS CLASSES ARE HELD AT KENMORE SENIOR LIVING, 7221 NE 182 ND , KENMORE