• Green = Small Activity Room

## DECEMBER 2025



Northshore Adult Day Hea	alth Activities Calander	DECENIBER 2025		
Mon	Tue	Wed	Thu	Fri
1 10:00 Coffee Social/Squeeze Ball 10:45 Exercise 11:30 Crossword/Hangman 12:00 Lunch 1:00 Christmas Singalong	2 10:00 Coffee Social/Name The Place 10:45 Exerci 11:30 Nine Letter Puzzle/Nine Letter 12:00 Lunch 1:00 Craft - Indian Corn National Play Basketball Day	3 10:00 Coffee Social/Pong 10:45 Exercise 11:30 Solve The Riddle/Pass The Ball 12:00 Lunch 1:00 Musical Ball/Kick Ball Happy Birthday Helen!	4 10:00 Coffee Social/Squeeze Ball 10:45 Exercise 11:30 Nine Letter Puzzle/Cards 12:00 Lunch 1:00 BINGO National Cookie Day	5 10:00 Coffee Social/Name The Place 10:45 Exercise 11:30 Name The Place/Hangman 12:00 Lunch 1:00 Dice National Blue Jeans Day
8 10:00 Coffee Social/Chip Stacking 10:45 Exercise 11:30 Rubis Puzzle/Cards 12:00 Lunch 1:00 Music with Dave Hoffman National Brownie Day	9 10:00 Coffee Social/Black Jack 10:45 Exercise 11:30 Solve The Riddle/Match Game 12:00 Lunch 1:00 Craft - Christmas Cards Happy Birthday Judi!	10 10:00 Coffee Social/Squeeze Ball 10:45 Exercise 11:30 9 Letter puzzle/Arts & Crafts 12:00 Lunch 1:00 Drum Circle/Kick Ball National Lager Day	11 10:00 Coffee Social/Pong 10:45 Exercise 11:30 Crossword/Scrabble 12:00 Lunch 1:00 Ladder Ball	12 10:00 Coffee Social/Black Jack 10:45 Exercise 11:30 Word Jumble/Story Time 12:00 Lunch 1:00 Music with Cedar Park Choir National Christmas Sweater Day
15 10:00 Coffee Social/Name The Place 10:30 Ukealele Band 11:30 Rebus Puzzles/Dice 12:00 Lunch 1:00 Music with Jon Pressman Happy Birthday Vera!	16 10:00 Coffee Social/Pong 10:45 Exercise 11:30 Totally Trivia/Pass The Ball 12:00 Lunch 1:00 BINGO	17 10:00 Coffee Social/Chip Stacking 10:45 Exercise 11:30 Hang Man/Story Time 12:00 Lunch 1:00 Music with Bill Blackstone	18 10:00 Coffee Social/Squeeze Ball 10:45 Exercise 11:30 Crossword/Cards 12:00 Lunch 1:00 Music with Commander Tom Happy Birthday Robert S!	19 10:00 Coffee Social/Black Jack 10:45 Exercise 11:30 Solve The Riddle/Crosswords 12:00 Lunch 1:00 Craft – Make a Snowman
22 10:00 Coffee Social/Name the Place 10:45 Exercise 11:30 Hangman/Name The Face 12:00 Lunch 1:00 Music With Dennis and Jojo National Mathematics Day	23 10:00 Coffee Social/Squeeze Ball 10:45 Exercise 11:30 9 Letter Puzzle/Cards 12:00 Lunch 1:00 Music with Ted Picket	24 10:00 Coffee Social/Name The Place 10:45 Exercise 11:30 Rebus Puzzles/Dice 12:00 Lunch 1:00 Christmas Singalong National Eggnog Day	Merry Christmas Center Closed	Merry Christmas Center Closed
29 10:00 Coffee Social/Pong 10:45 Exercise 11:30 9 Letter Puzzle/Scrabble 12:00 Lunch 1:00 Ladder Ball	30 10:00 Coffee Social/Pong 10:45 Exercise 11:30 Crossword/Pass The Ball 12:00 Lunch 1:00 Harry The Science Guy	31 10:00 Coffee Social/Black Jack 10:45 Exercise 11:30 Relaxation w/Jeudi and Linda 12:00 Lunch 1:00 BINGO		NOTES -  • All activities subject to change  • Monthly Fire drills - No Notic  • Black = Large Activity Room  • Blue = Special Activity  • Red = Event/Holiday/Birthday

2026