## NSC Mill Creek- November 2025 Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
	Parking in back of building. You welcome to park in all spaces of the complete	marked g available.		
10-11a Enhance Fitness \$ 12:30-3p Pinochle (single deck) PC 1-3p Music for Fun	9a-3p NSC Social Services 12-2p American Mahjong PC 1-3p Crochet 1-3p BINGO \$ 3-4p Computer Help \$	9:30a-12p SHIBA Medicare Advisor 10-11a Enhance Fitness \$ 10a-12p Watercolor \$ 12:30-3p Pinochle (dbl deck) PC 1-3p Karaoke	9a-3p NSC Social Services 10-11a Walking w/ eBird 11-11:45a Cardio Drumming \$ 11a-1p Women's Coffee *1:30-2:30p Tai Chi \$	7 10:30-11:15a Line Dancing \$ 12-2p Art for Fun \$
10-11a Enhance Fitness \$ 12-1p Meatless Monday 12:30-3p Pinochle (single deck) PC 1-3p Music for Fun	VETERANS DAY  CLOSED	10-11a Enhance Fitness \$ 10a-12p Watercolor \$ 12:30-3p Pinochle (dbl deck) PC 1-3p Karaoke	9a-3p NSC Social Services 10-11a Walking w/ eBird 10a-1p Homage Resource Advisor 11-11:45a Cardio Drumming \$ 11a-1p Women's Coffee BRUNCH *1:30-2:30p Tai Chi \$	14 10a-12p Men's Coffee 10:30-11:15a Line Dancing \$ 12-2p Rock Painting (Art for Fun)
10-11a Enhance Fitness \$ 12:30-3p Pinochle (single deck) PC 1-3p Music for Fun	9a-3p NSC Social Services 11:30a-12:30p TED Talk Tues. 12-2p American Mahjong PC 1-3p Crochet 1-3p BINGO \$ 3-4p Computer Help \$	9:30a-12p SHIBA Medicare Advisor 10-11a Enhance Fitness \$ 10a-12p Watercolor \$ 12:30-3p Pinochle (dbl deck) PC	9a-3p NSC Social Services 10-11a Walking w/ eBird 11a-1p Women's Coffee 12-1p Book Club *1:30-2:30p Tai Chi \$	*9-3p Medicare Open Enrollment w/ SHIBA 10:30-11:15a Line Dancing \$ 12-2p Art for Fun \$ 1-3p Chess Club \$
9:30-4p Foot Care Clinic \$ 10-11a Enhance Fitness \$ 10a-12p Mon. Morning Movie 12:30-3p Pinochle (single deck) PC 1-3p Music for Fun	9a-3p NSC Social Services 1-3p BINGO \$  *4-5:30p Community  Friendsgiving	10-11a Enhance Fitness \$ 10a-12p Watercolor \$ 12:30-3p Pinochle (dbl deck) PC 1-3p Karaoke	HAPPY THANKSGIVING CLOSED	CLOSED

<sup>\*</sup>Tai Chi meets at North Creek Presbyterian Church - 621 164th St SE, Mill Creek 98012 (please pre-register)

## NSC Mill Creek PROGRAM SCHEDULE & DETAILS

Monday	Tuesday	Wednesday	Thursday	Friday
Foot Care Clinic (4 <sup>th</sup> Mon)	NSC Social Services and Private	Medicare Counseling with SHIBA	NSC Social Services and Private	Men's Coffee Group (2 <sup>nd</sup> & 4 <sup>th</sup> Fri)
9:30pm-4pm	Consultation w/ Georgia Rigler, MSW	(1 <sup>st</sup> & 3 <sup>rd</sup> Wed)	Consultation w/ Georgia Rigler, MSW	10am-12pm
Members & Non-Members: \$45	(Tues & Thur)	9am-12pm	(Tues & Thur) see Tues for details	FREE
BY APPT ONLY*	9am-3pm	FREE	, ,	
call for appointment)	FREE *BY APPT ONLY*	Walk-in appointments welcomed.		Line Dancing
	Call 425-286-1047 or email		Walking with eBird	10:30am-11:15am
Enhance Fitness (Mon & Wed)	georgiar@mynorthshore.org to make an	Enhance Fitness (Mon & Wed)	10am-11am	Members: \$32 per month
l0am-11am	appointment.	10am-11am	FREE	Non-Members: \$64 per month
Members: \$30 per month		Members: \$30 per month	Wear comfortable shoes and prep for the	Loose and all Francisches (2rd Fuil)
Non-Members: \$60 per month	TED Talk Tuesday (3 <sup>rd</sup> Tues)	Non-Members: \$60 per month	weather. (Meet in MC Foyer)	Impactful Empathy (3 <sup>rd</sup> Fri)
	10am-12:00pm	Waterrales	Homeso Becourse Advisor (2nd Thurs)	Ubuntu Philosophy
Monday Morning Movie (4 <sup>th</sup> Mon)	FREE	Watercolor	Homage Resource Advisor (2 <sup>nd</sup> Thurs)	10:30am-12pm
L0am-12:00pm	<b>Discussion Video:</b> How societies can grow	10am-12pm	10am-1pm FREE	FREE
FREE	old better	Members: \$35 per month		Art for Fun (1st & 3rd Fri)
Showing: The Thursday Murder Club		Non-Members: \$70 per month	Walk-in appointments welcomed.	12pm-2pm
	American Mahjong	Pinochle (double deck)	Cardio Drumming	Members: \$5 per month
Meatless Monday (2 <sup>nd</sup> Mon)	12pm-2pm	12:30pm-3pm	11am-11:45am	Non-Members: \$10 per month
l2pm-1pm	Punch Card for 8 Visits	Punch Card for 8 Visits	Members: \$32 per month	Non Wembers. 910 per monen
REE	(Members: \$20 / Non-Members: \$40)	(Members: \$20 / Non-Members: \$40)	Non-Members: \$64 per month	Rock Painting (2 <sup>nd</sup> Fri)
Bring a plant-based dish to share.	Cusahat	(Weinsers. \$25 ) Non Weinsers. \$ 16)		12pm-2pm
	Crochet		Women's Coffee	FREE
Pinochle (single deck)	1pm-3pm	Karaoke	11am-1pm	
L2:30pm-3pm	FREE	1pm-3pm	FREE	Chess Club (3 <sup>rd</sup> Fri)
Punch Card for 8 Visits	BINGO	FREE	Brunch (2 <sup>nd</sup> Thurs)	1pm-3pm
Members: \$20 / Non-Members: \$40)	1pm-3pm		Brianna's Café will be ordered for brunch,	Punch Card for 8 Visits
	\$5 per packet		so bring your credit card and appetite!	(Members: \$20 / Non-Members: \$40)
Music for Fun	ys per pucket			
Lpm-3pm	Computer Help		<b>Book Club</b> (3 <sup>rd</sup> Thurs)	*Medicare Open Enrollment
FREE	3pm-4pm		Due to holiday closure	w/ SHIBA
	Members: \$10 for 30 min. \$20 for 60 min.		12pm-1pm	(Nov. 21st)
	Non-Members: \$40 for 60 min.		FREE	1:30pm-2:30pm
	*BY APPT ONLY* (call for appointment)			Speak to a Snohomish County SHIBA
	, , ,		Tai Chi	advisor about the upcoming 2026 year to
	*Community Friendsgiving		1:30pm-2:30pm	see if there are any changes to your plan
	(Nov. 25 <sup>th</sup> )		Members: \$32 per month	and to make sure your Part D plan will
	1pm-3pm		Non-Members: \$64 per month	continue to cover any prescriptions you
	Join us for a potluck style Friendsgiving!		*At North Creek Presbyterian Church	are taking. You must call Snohomish
	Inviting all the local community members			SHIBA to make an appointment at (425)
	to bring a friend and share a meal to			290-1276!
	celebrate the holidays.			
	BRING A DISH TO SHARE			