

NSC KENMORE NOV 2025 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
3 **START Fitness 9:30-10:30 \$ -Tone-Up Fitness 10:30-11:30 \$ -Cardio Drumming 11:30-12:30 \$ -Bridge 11-3 PC -Mixed Media – 12-3\$ -Draw/Sketch 1-3 \$ -SHIBA 9-12 BY APPT	4 -Driftwood 10-12 \$ -Guitar Connect 12:30-3 F -Backgammon 12:-3 PC	5 -Watch it Wednesdays 10-12F - Wreath making 9-12\$ -Qi Gong 11-12 F -Bridge 11-3 PC -Beading & Jewelry Repair 1-3 \$	6 **START Fitness 9:30-10:30a \$ -Mat Pilates 9:30-10:30 \$ -Chair Pilates 11-11:45 \$ -Watercolor 12-3p \$ -Crafting Club 12:30-3 F	7 -Sewing Club 10-noon F -Hand & Foot 12-3 PC - Board Games 12-3 PC -Card Making 1-3 \$
10 **START Fitness 9:30-10:30 \$ -Tone-Up Fitness 10:30-11:30 \$ -Cardio Drumming 11:30-12:30 \$ -Bridge 11-3 PC -Book Club 1-2:30 F -Mixed Media – 12-3\$ -Draw/Sketch 1-3 \$ -SHIBA 9-12 BY APPT	11 CLOSED FOR VETERANS DAY 	12 -Qi Gong 11-12 F -Bridge 11-3 PC -Food Pantry 12:30-2p F -Beading & Jewelry Repair 1-3 \$	13 **START Fitness 9:30-10:30 \$ -Mat Pilates 9:30-10:30 \$ -Chair Pilates 11-11:45 \$ -Watercolor 12-3 \$ -Crafting Club 12:30-3 F	14 -Sewing Club 10-noon F -Hand & Foot 12-3 PC -Board Games 12-3 PC
17 **START Fitness 9:30-10:30 \$ -Tone-Up Fitness 10:30-11:30 \$ -Cardio Drumming 11:30-12:30 \$ -Bridge 11-3 PC -Mixed Media – 12-3\$ -Draw/Sketch 1-3 \$	18 -Driftwood 10-12 \$ -Guitar Connect 12:30-3 F -Backgammon 12-3 PC -SHIBA 9-12 BY APPT. F	19 -Why Knot 10-12F -Qi Gong 11-12 F -Bridge 11-3 PC -Wine Club 1-3\$ -Beading & Jewelry Repair 1-3 \$ -Rock Painting 1-3 F	20 **START Fitness 9:30-10:30 \$ -Mat Pilates 9:30-10:30 \$ -Chair Pilates 11-11:45 \$ -Watercolor 12-3 \$ -Crafting Club 12:30-3 F	21 -Sewing Club 10-noon F -Board Games 12-3 PC -Hand & Foot 12-3 PC
24 **START Fitness 9:30-10:30 \$ -Tone-Up Fitness 10:30-11:30 \$ -Cardio Drumming 11:30-12:30 \$ -Bridge 11-3 PC -Mixed Media – 12-3\$ -Draw/Sketch 1-3 \$	25 -Driftwood 10-12 \$ -Backgammon 12-3 PC -Guitar Connect 12:30-3 F -Hopelink Mobile Food Market 1-2 F	26 -Qi Gong 11-12 F -Bridge 11-3 PC -Food Pantry 12:30-2 F -Beading & Jewelry Repair 1-3 \$	27 CLOSED FOR THANKSGIVING 	28 CLOSED FOR THANKSGIVING
**START FITNESS CLASSES ARE HELD AT KENMORE SENIOR LIVING, 7221 NE 182ND, KENMORE.			PC = Punch Card \$ = fee for class F = free	Outdoor pickleball court available for 2 hour rental Mon-Fri 9a-3p