

# NSC KENMORE SEPT 2025 Calendar



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| Monday                                                                                                                                                                                  | Tuesday                                                                                                                                                         | Wednesday                                                                                                                               | Thursday                                                                                                                                                                      | Friday                                                                                                     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| <b>1</b><br><b>Closed for Labor Day</b>                                                                                                                                                 | <b>2</b><br>-Driftwood 10-12 \$<br>-Backgammon 12:30-3 PC<br>-Guitar Connect 12:30-3 F<br>-Hopelink Mobile Food Market 1-2p F                                   | <b>3</b><br>-Qi Gong 11-12 F<br>-Beading & Jewelry Repair 1-3p \$<br><b>Master Gardeners: Rhododendrons &amp; Underplanting 1-3p \$</b> | <b>4</b><br><b>START Fitness 9:30-10:30a \$</b><br>-Mat Pilates 9:30-10:30 \$<br>-Chair Pilates 11-11:45 \$<br>-Watercolor noon-3p \$<br>-Crafting Club 12:30-3               | <b>5</b><br>-Sewing 10-noon<br>-Hand & Foot 12-3 PC<br>-Board Games 12-3p PC<br><b>CARD MAKING 1-3P \$</b> |
| <b>8</b><br><b>-START Fitness 9:30-10:30a \$</b><br>-Tone-Up Fitness 10:30-11:30a \$<br>-Cardio Drumming 11:30-12:15 \$<br>-Bridge 11-3 PC - Draw/Sketch 1-3 \$                         | <b>9</b><br>-Driftwood 10-12 \$<br>-Guitar Connect 12:30-3 F<br>-Backgammon 12:30-3 PC                                                                          | <b>10</b><br>-Qi Gong 11-12 F<br>-Bridge 11-3 PC<br>-Food Pantry 12:30-2p F<br>-Beading & Jewelry Repair 1-3 \$                         | <b>11 -</b><br><b>START Fitness 9:30-10:30a \$</b><br>-Mat Pilates 9:30-10:30 \$<br>-Chair Pilates 11-11:45 \$<br>-Watercolor noon-3p \$<br>-Crafting Club 12:30-3            | <b>12</b><br>-Sewing Club 10-noon F<br>-Hand & Foot 12-3 PC<br>-Board Games 12-3p PC                       |
| <b>15</b><br><b>-START Fitness 9:30-10:30a \$</b><br>-Tone-Up Fitness 10:30-11:30a \$<br>-Cardio Drumming 11:30-12:15 \$<br>-Bridge 11-3 PC<br>-Draw/Sketch 1-3 \$<br>-Book Club 1-2:30 | <b>16</b><br>-Driftwood 10-12 \$<br>-Backgammon 12:30-3 PC<br>-Guitar Connect 12:30-3 F<br>Hopelink Mobile Food Market 1-2p F<br><b>SHIBA 9-NOON BY APPT. F</b> | <b>17</b><br>-Qi Gong 11-12 F<br>-Beading & Jewelry Repair 1-3p \$<br><b>-NEW! ROCK PAINTING CLUB 1-3p F (3<sup>rd</sup> Wed</b>        | <b>18</b><br><b>-START Fitness 9:30-10:30a \$</b><br>-Mat Pilates 9:30-10:30 \$<br>-Chair Pilates 11-11:45 \$<br>-Watercolor noon-3p \$<br>-Crafting Club 12:30-3             | <b>19</b><br>-Sewing Club 10-noon F<br>-Board Games 12-3p PC<br>-Hand & Foot 12-3 PC                       |
| <b>22</b><br><b>-START Fitness 9:30-10:30a \$</b><br>-Tone-Up Fitness 10:30-11:30a \$<br>-Cardio Drumming 11:30-12:15 \$<br>-Bridge 11-3 PC<br>-Draw/Sketch 1-3 \$                      | <b>23</b><br>-Driftwood 10-12 \$<br>-Guitar Connect 12:30-3 F<br>-Backgammon 12:30-3 PC                                                                         | <b>24</b><br>-Qi Gong 11-12 F<br>-Food Pantry 12:30-2p F<br>-Beading & Jewelry Repair 1-3p \$                                           | <b>HEALTH FAIR 25</b><br><b>-START Fitness 9:30-10:30a \$</b><br>-Mat Pilates 9:30-10:30 \$<br>-Watercolor 12-3p \$<br>-Chair Pilates 11-11:45 \$<br>-Crafting Club 12:30-3 F | <b>26</b><br>-Sewing Club 10-noon F<br>-Hand & Foot 12-3 PC<br>-Board Games 12-3p PC                       |
| <b>29</b><br><b>-START Fitness 9:30-10:30a \$</b><br>-Tone-Up Fitness 10:30-11:30a \$<br>-Cardio Drumming 11:30-12:15 \$<br>-Bridge 11-3 PC<br>-Draw/Sketch 1-3 \$                      | <b>30</b><br>-Driftwood 10-12 \$<br>-Guitar Connect 12:30-3 F<br>-Backgammon 12:30-3 PC                                                                         | <b>S.T.A.R.T. Fitness class off-site at Kenmore Senior Living 7221 NE 182<sup>nd</sup> Mon &amp; Thurs</b>                              | <b>PC = punch card</b><br><b>\$= fee for class</b><br><b>F= free</b>                                                                                                          | <b>Outdoor pickleball court available for 2-hour rental Mon-Fri, 9a-3p.</b>                                |

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