

NSC KENMORE AUGUST 2025 Calendar



425.489.0707

Monday	Tuesday	Wednesday	Thursday	Friday
S.T.A.R.T. Fitness class off-site at Kenmore Senior Living 7221 NE 182nd St	PC = punch card \$= fee for class F= free	Outdoor pickleball court available for 2-hour rental Mon-Fri, 9a-3p. .	Members use punchcard, non-members, \$5 per person/per session Equipment on-site or bring your own	1 -Sewing 10-noon -Hand & Foot 12-3 PC -Board Games 12-3p PC CARD MAKING 1-3P \$
4 -START Fitness 9:30-10:30a \$ -Tone-Up Fitness 10:30-11:30a \$ -Cardio Drumming 11:30-12:15 \$ -Bridge 11-3 PC -Draw/Sketch 1-3 \$ -Book Club 1-2:30	5 -Driftwood 10-12 \$ -Guitar Connect 12:30-3 F -Backgammon 12:30-3 PC -Hopelink Mobile Food Market 1-2p	6 -Qi Gong 11-12 F -Beading & Jewelry Repair 1-3p \$	7 -START Fitness 9:30-10:30a \$ -Mat Pilates 9:30-10:30 \$ -Chair Pilates 11-11:45 \$ -Watercolor noon-3p \$ -Crafting Club 12:30-3	8 Concrete Leaves 9:30-11a \$ -Sewing Club 10-noon F -Hand & Foot 12-3 PC -Board Games 12-3p PC
11 -Concrete Leaves 9:30-10:30a F -START Fitness 9:30-10:30a \$ -Tone-Up Fitness 10:30-11:30a \$ -Cardio Drumming 11:30-12:15 \$ -Bridge 11-3 PC -Draw/Sketch 1-3 \$	12 -Driftwood 10-12 \$ -Backgammon 12:30-3 PC -Guitar Connect 12:30-3 F	13 -Qi Gong 11-12 F -Food Pantry 12:30-2p F -Beading & Jewelry Repair 1-3p \$	14 -START Fitness 9:30-10:30a \$ -Mat Pilates 9:30-10:30 \$ -Chair Pilates 11-11:45 \$ -Watercolor noon-3p \$ -Crafting Club 12:30-3	15 -Sewing Club 10-noon F -Board Games 12-3p PC -Hand & Foot 12-3 PC
18 -START Fitness 9:30-10:30a \$ -Tone-Up Fitness 10:30-11:30a \$ -Cardio Drumming 11:30-12:15 \$ -Bridge 11-3 PC -Draw/Sketch 1-3 \$	19 -Driftwood 10-12 \$ -Guitar Connect 12:30-3 F -Backgammon 12:30-3 PC SHIBA 9-NOON BY APPT. F	20 -Qi Gong 11-12 F -NEW! ROCK PAINTING CLUB 1-3p F (3rd Wed) -Beading & Jewelry Repair 1-3p \$	21 -START Fitness 9:30-10:30a \$ -Mat Pilates 9:30-10:30 \$ -Watercolor 12-3p \$ -Chair Pilates 11-11:45 \$ -Crafting Club 12:30-3 F	22 -Sewing Club 10-noon F -Hand & Foot 12-3 PC Board Games 12-3p PC
25 -START Fitness 9:30-10:30a \$ -Tone-Up Fitness 10:30-11:30a \$ -Cardio Drumming 11:30-12:15 \$ -Bridge 11-3 PC -Draw/Sketch 1-3 \$	26 Dog Portraits in the Park 10a-noon \$ -Driftwood 10-12 \$ -Guitar Connect 12:30-3 F -Backgammon 12:30-3 PC	27 -Qi Gong 11-12 F -Food Pantry 12:30-2p F -Beading & Jewelry Repair 1-3p \$	28 -START Fitness 9:30-10:30a \$ -Mat Pilates 9:30-10:30 \$ -Chair Pilates 11-11:45 \$ -Watercolor noon-3p \$ -Crafting Club 12:30-3	29 -Sewing Club 10-noon F -Hand & Foot 12-3 PC Board Games 12-3p PC

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