

# August 2024 Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>A \$5 donation is suggested for seniors 60 and older. Guests under 60 can enjoy a meal for a \$10 charge. We accept Qwest Cards, cash, or checks paid daily, weekly, or monthly.</p>	<p><b>Make reservations 48 hours in advance at Front Desk in Person or call 425-487-2441</b></p>	<p><b>1</b> Turkey Ragu Pasta Vegetable Salad Fruit</p>	<p><b>2</b> Mustardy Grilled Cabbage and Kielbasa Potatoes Salad Fruit</p>
<p><b>5</b> Chicken Quesadilla Rice Salad Vegetable Fruit</p>	<p><b>6</b> <b>INDIAN LUNCH (Vegetarian)</b> Dal Rice Vegetable Pita Fruit</p>	<p><b>7</b> Seattle Dogs Salad Vegetable Fruit</p>	<p><b>8</b> Chicken and Sausage Jambalaya Salad Fruit</p>	<p><b>9</b> Green Curry Fish Rice Vegetable Fruit</p>
<p><b>12</b> Frittata Potatoes Salad Vegetable Fruit</p>	<p><b>13</b> Fish and Shrimp Tostada Rice Vegetable Fruit</p>	<p><b>14</b> Chicken Yakisoba Salad Vegetable Fruit</p>	<p><b>15</b> Misr Wot (Ethiopian Lentil Stew) Rice Vegetable Fruit</p>	<p><b>16</b> Beef Empanadas Spanish Rice Salad Vegetable Fruit</p>
<p><b>19</b> Cajun Honey Butter Salmon Grits Vegetable Salad Fruit</p>	<p><b>20</b> <b>INDIAN LUNCH (Vegetarian)</b> Dal Rice Vegetable Pita Fruit</p>	<p><b>21</b> Monte Cristo Sandwich Salad Vegetable Fruit</p>	<p><b>22</b> Burgers Salad Vegetable Fruit</p>	<p><b>23</b> BLT and Avocado Sandwich Salad Vegetable Fruit</p>
<p><b>26</b> California Chicken Cobb Salad Vegetable Roll Fruit</p>	<p><b>27</b> Beef Tacos Rice Corn Elote Salad Salad Vegetable Fruit</p>	<p><b>28</b> San Francisco Seafood Stew Bread Vegetable Salad Fruit</p>	<p><b>29</b> Spaghetti and Meatballs Salad Fruit</p>	<p><b>30</b> Mac and Cheese Salad Fruit</p>

The menu is subject to change.

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