

Northshore Senior Center

Pantry Essentials

CANNED FRUIT

APPLESAUCE
MIXED FRUIT

CANNED VEGETABLES

CORN
PEAS

CANNED BEANS

REFRIED BEANS PINTO &
KIDNEY BEANS WHITE
BEANS
CHILI

CANNED PROTEIN

CHICKEN
TUNA

GRAIN & STARCH

GRANOLA BARS
OAT MEAL PACKETS /
INSTANT POTATOES
CRACKERS
PASTA / RICE-A-RONI
RAMEN
MAC & CHEESE

SOUP

TOMATO SOUP
CREAM OF MUSHROOM SOUP
CHICKEN, BEEF, VEGETABLE BROTH

OTHER

PASTA SAUCE
PEANUT BUTTER
ENSURE / MUSCLE
MILK PANCAKE MIX
OATMEAL
FRESH FRUIT
FRESH VEGGIES

No one should go hungry. Please consider donating today, to help feed someone in need tomorrow. Have items to donate? Please drop off at NSC in our large donation bin inside our building **(10201 E. Riverside Drive, Bothell, WA 98011)**.

