


November 2023 Hot Lunch Menu

Northshore Senior Center

Make Reservations 48 hours in advance at Front Desk in person or call 425-487-2441. Lunch served noon-12:30pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
	A \$4 dollar donation is suggested for seniors 60 and older. Guests under 60 can enjoy a meal for a \$10 dollar charge. We accept Qwest Cards, cash, or checks paid daily, weekly or monthly.	VEGGIE PAD THAI (CONTAINS EGGS) 3 BEAN SALAD VEGETABLE FRUIT	FISH VERA CRUZ RICE VEGETABLE FRUIT	CHILI DOGS SALAD VEGETABLE FRUIT
6	7	8	9	10
SPAGHETTI AND MEATBALLS SALAD FRUIT	INDIAN LUNCH (VEGETARIAN) LENTIL DAL RICE VEGETABLE RAITA FRUIT	BRATWURST POTATOES SALAD VEGETABLE FRUIT	BAKED CHICKEN RICE SALAD VEGETABLE FRUIT	CLOSED FOR VETERAN'S DAY
13	14	15	16	17
FRITTATA POTATOES VEGETABLE FRUIT	CRISPY-MISO BUTTER FISH RICE VEGETABLE SALAD FRUIT	CHICKEN STIR FRY RICE SALAD FRUIT	BEEF STROGANOFF VEGETABLE SALAD FRUIT	CHICKEN SAUSAGE JAMBALAYA SALAD VEGETABLE FRUIT
20	21	22	23	24
BEEF TACOS VEGETABLE SALAD FRUIT	INDIAN LUNCH (VEGETARIAN) LENTIL DAL RICE VEGETABLE RAITA FRUIT	ROAST TURKEY POTATO GRAVY VEGETABLE SALAD FRUIT	CLOSED HAPPY THANKSGIVING	CLOSED HAPPY THANKSGIVING
27	28	29	30	
MAC AND CHEESE VEGETABLE SALAD FRUIT	MEATLOAF POTATO VEGETABLE FRUIT	CALIFORNIA COBB SALAD ROLL VEGETABLE FRUIT	SAUTEED SHRIMP IN CHILE LIME BUTTER RICE VEGETABLE FRUIT	

The menu is subject to change.