


June 2023 Hot Lunch Menu

Northshore Senior Center

Make Reservations 48 hours in advance at Front Desk in person or call 425-487-2441. Lunch served noon-12:30pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
	A \$4 dollar donation is suggested for seniors 60 and older. Guests under 60 can enjoy a meal for a \$10 dollar charge. We accept Qwest Cards, cash, or checks paid daily, weekly or monthly.		MONTE CRISTO SANDWICH VEGETABLE SALAD FRUIT	LEMON FISH RICE VEGETABLE FRUIT
5	6	7	8	9
CHICKEN AND SAUSAGE JAMBALAYA VEGETABLE FRUIT	INDIAN LUNCH (VEGETARIAN) LENTIL DAL RICE NAAN VEGETABLE FRUIT	SPAGHETTI AND MEATBALLS SALAD FRUIT	SHRIMP YAKISOBA SALAD VEGETABLE FRUIT	TURKEY MOLE RICE TORTILLA VEGETABLES FRUIT
12	13	14	15	16
FRITATTA POTATOES VEGETABLE FRUIT	CHICKEN PAILLARD WITH CREAMY PARMESAN SALAD VEGETABLE POTATOES FRUIT	SEATTLE DOGS SALAD VEGETABLE FRUIT	QUICHE LORRAINE (CONTAINS HAM OR BACON) POTATOES VEGETABLE FRUIT	FATHER'S DAY BURGERS BAKED BEANS SALAD VEGETABLE FRUIT
19	20	21	22	23
JUNTEENTH HOLIDAY	INDIAN LUNCH (VEGETARIAN) PAV BHABI BEAN SALAD RICE FRUIT	BEEF TACOS RICE CORN SALAD VEGETABLE FRUIT	FISH CURRY RICE VEGETABLE FRUIT	MAC AND CHEESE VEGETABLE SALAD FRUIT
26	27	28	29	30
CAJUN CHICKEN GRAVY BISCUITS VEGETABLE FRUIT	FISH AND SHRIMP TOSTADA RICE VEGETABLE FRUIT	FRENCH DIP SALAD VEGETABLE FRUIT	RATOUILLE WITH SAUSAGE POTATOES VEGETABLE FRUIT	COCONUTTY BEANS AND GREENS RICE VEGETABLE FRUIT

The menu is subject to change.