


May 2023 Hot Lunch Menu

Northshore Senior Center

Make Reservations 48 hours in advance at Front Desk in person or call 425-487-2441. Lunch served noon-12:30pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
BARBEQUE CHICKEN POTATOES VEGETABLE FRUIT	INDIAN LUNCH (VEGETARIAN) LENTIL DAL RICE NAAN VEGETABLE FRUIT	SPAGHETTI AND MEATBALLS SALAD FRUIT	ANTIPASTO CHICKPEA SALAD WITH SALAMI VEGETABLE FRUIT	VERA CRUZ FISH RICE VEGETABLE FRUIT
8	9	10	11	12
CHEESE TORTELINI VEGETABLE SALAD FRUIT	CHICKEN ENCHILADA SALAD FRUIT	SHRIMP YAKISOBA SALAD VEGETABLE FRUIT	RATOUILLE WITH SAUSAGE POTATOES VEGETABLE FRUIT	BROCCOLI CHEDDAR QUICHE POTATOES SALAD VEGETABLE FRUIT
15	16	17	18	19
TEX MEX CAESAR SALAD BLACK BEAN SALAD ROLL FRUIT	INDIAN LUNCH (VEGETARIAN) PAV BHAJI BEAN SALAD RICE FRUIT	GREEK CHICKEN FLATBREADS SALAD VEGETABLE FRUIT	SHEPHERD'S PIE BAKED POTATO (CONTAINS BEEF) VEGETABLE FRUIT	SPINACH AND RICOTTA LASAGNE VEGETABLE FRUIT
22	23	24	25	26
TUNA MELT SALAD FRUIT	MEATLOAF POTATOES VEGETABLE FRUIT	MAC AND CHEESE (VEGETARIAN) VEGETABLE SALAD FRUIT	CALIFORNIA CHICKEN COBB SALAD ROLL FRUIT	BLT SANDWICH VEGETABLE FRUIT
29	30	31		
MEMORIAL DAY CLOSED	CHEESEBURGERS VEGETABLE FRUIT	CHICKEN FETTUCINE VEGETABLE FRUIT	A \$4 dollar donation is suggested for seniors 60 and older. Guests under 60 can enjoy a meal for a \$10 dollar charge. We accept Qwest Cards, cash, or checks paid daily, weekly or monthly.	

The menu is subject to change.