


April 2023 Hot Lunch Menu

Northshore Senior Center

Make Reservations 48 hours in advance at Front Desk in person or call 425-487-2441. Lunch served noon-12:30pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
CHICKEN AND SAUSAGE JAMBALAYA VEGETABLE FRUIT	INDIAN LUNCH (VEGETARIAN) LENTIL DAL RAITA RICE NAAN VEGETABLE FRUIT SALAD	SPAGHETTI AND MEATBALLS VEGETABLE FRUIT	PEANUT BUTTER BRAISED CHICKEN AND GREENS RICE SALAD FRUIT	SPRING LUNCH HAM POTATOES VEGETABLE FRUIT
10	11	12	13	14
FRITATTA (VEGETARIAN) POTATOES VEGETABLE FRUIT	CHICKEN TACO RICE BEANS SALAD VEGETABLE FRUIT	REUBEN SANDWICH SALAD FRUIT	BRATWURST POTATO SALAD VEGETABLE FRUIT	LEMON CHILE WHITE FISH WITH CHICKPEAS RICE VEGETABLE FRUIT
17	18	19	20	21
CALIFORNIA CHICKEN COBB SALAD ROLL FRUIT	INDIAN LUNCH (VEGETARIAN) CHICKPEA CURRY CUMIN RICE CUCUMBER RAITA NAAN VEGETABLE FRUIT	SHRIMP LOUIE SALAD ROLL FRUIT	CHILI DOGS SALAD VEGETABLE FRUIT	EARTH DAY LUNCH (VEGETARIAN) CAULIFLOWER TACOS BLACK BEAN SALAD RICE FRUIT
24	25	26	27	28
MAC AND CHEESE (VEGETARIAN) VEGETABLE SALAD FRUIT	TUNA NICOISE SALAD ROLL FRUIT	SMOKEY STYLE SLOPPY JOES (BEEF) VEGETABLE FRUIT	PHAD THAI (VEGETARIAN) THREE BEAN SALAD SALAD FRUIT	ARROZ CON POLLO SALAD VEGETABLE FRUIT
	A \$4 dollar donation is suggested for seniors 60 and older. Guests under 60 can enjoy a meal for a \$10 dollar charge. We accept Qwest Cards, cash, or checks paid daily, weekly, or monthly.			

The menu is subject to change.