

November 2022 Hot Lunch Menu

Northshore Senior Center

Make Reservations 48 hours in advance at Front Desk in person or call 425-487-2441. Lunch served noon-12:30pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	CHILI DOGS VEGETABLE SALAD FRUIT	CHICKEN TOSTADA RICE SALAD VEGETABLE FRUIT	TUNA MELT SALAD VEGETABLE FRUIT	CHICKEN STIR FRY RICE SALAD FRUIT
7	8	9	10	11
INDIAN LUNCH (VEGETARIAN) LENTIL DAL RICE NAAN VEGETABLE FRUIT	QUICHE LORRAINE (Contains Ham or Bacon) VEGETABLE SALAD FRUIT	SPAGHETTI AND MEATBALLS SALAD VEGETABLE FRUIT	SALMON CHOWDER SALAD VEGETABLE FRUIT	CLOSED VETERAN'S DAY
14	15	16	17	18
TORTELLINI WITH PESTO SAUCE (VEGETARIAN) VEGETABLE SALAD FRUIT	BRATWURST POTATO SALAD VEGGIE SALAD VEGETABLE FRUIT	VEGGIE PAD THAI (Vegetarian - contains eggs) 3 BEAN SALAD SALAD VEGETABLE FRUIT	BARBEQUE CHICKEN SALAD ROLL VEGETABLE FRUIT	CRISPY MISO-BUTTER COD POTATOES VEGETABLE SALAD FRUIT
21	22	23	24	25
LASAGNE (VEGETARIAN) SALAD VEGETABLE FRUIT	ROAST TURKEY MASHED POTATO GRAVY GREEN BEANS SALAD FRUIT DESSERT	VERA CRUZ FISH RICE SALAD VEGETABLE FRUIT	CLOSED THANKSGIVING HOLIDAY	CLOSED THANKSGIVING HOLIDAY
28	29	30		
MAC AND CHEESE (VEGETARIAN) SALAD VEGETABLE FRUIT	FISH TACOS VEGETABLE ELOTE CORN SALAD FRUIT DESSERT	BEEF STROGANOFF VEGETABLE FRUIT SALAD		A \$4 dollar donation is suggested for seniors 60 and older. Guests under 60 can enjoy a meal for a \$10 dollar charge. We accept Qwest Cards, cash, or checks paid daily, weekly or monthly.

Menu is subject to change