

September 2022 Hot Lunch Menu

Northshore Senior Center

Make reservations 48 hours in advance at Front Desk in person or call 425-487-2441. Lunch served noon to 12:30 PM.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| 26 | | | 1 | 2 |
| A \$4 dollar donation is suggested for seniors 60 and older. Guests under 60 can enjoy a meal for a \$10 dollar charge. We accept Qwest Cards, cash or checks paid daily, weekly or monthly. | MENU IS SUBJECT TO CHANGE | | SPAGHETTI AND MEATBALLS VEGETABLE SALAD FRUIT DESSERT | LEMON FISH POTATOES SALAD VEGETABLE FRUIT DESSERT |
| 5 | 6 | 7 | 8 | 9 |
| CLOSED FOR LABOR DAY RELAX AND ENJOY | ITALIAN PITA WITH SALAMI, CHEESE, OLIVES, MILD PEPPERS HUMMUS CRUDITES FRUIT DESSERT | CALIFORNIA CHICKEN COBB SALAD ROLL VEGETABLE FRUIT DESSERT | SEATTLE DOGS COLESLAW VEGETABLE FRUIT DESSERT | CHICKEN STIR FRY RICE VEGETABLE SALAD FRUIT DESSERT |
| 12 | 13 | 14 | 15 | 16 |
| FRITTATA POTATOES VEGETABLE SALAD FRUIT DESSERT | ROAST PORK LOIN POTATOES SALAD VEGETABLE FRUIT DESSERT | MAC & CHEESE BROCCOLI ROASTED TOMATOES SALAD FRUIT DESSERT | CHICKEN PHAD THAI VEGETABLE SALAD FRUIT DESSERT | EVERYTHING SPICED FISH WITH TOMATO SALAD RICE VEGETABLE FRUIT DESSERT |
| 19 | 20 | 21 | 22 | 23 |
| SHEET PAN TOFU WITH BROCCOLI, MUSHROOMS AND SWEET POTATOES RICE SALAD FRUIT DESSERT | BEEF STROGANOFF SALAD VEGETABLE FRUIT DESSERT | TURKEY MOLE RICE SALAD VEGETABLE FRUIT DESSERT | BASQUE CHICKEN WITH BELL PEPPERS POTATOES ROLL SALAD VEGETABLE FRUIT DESSERT | SAN FRANCISCO STYLE SEAFOOD STEW GARLIC BREAD VEGETABLE SALAD FRUIT DESSERT |
| 26 | 27 | 28 | 29 | 30 |
| RED LENTIL DAL (CURRY) RICE SALAD VEGETABLE FRUIT DESSERT | BEEF TACOS SALAD VEGETABLE FRUIT DESSERT | MONTE CRISTO SANDWICH SALAD VEGETABLE FRUIT DESSERT | ORGANGE CHICKEN RICE VEGETABLE SALAD FRUIT DESSERT | MEATLOAF POTATOES SALAD VEGETABLE FRUIT DESSERT |