

AUGUST 2022 Hot Lunch Menu**Northshore Senior Center**

Make reservations 48 hours in advance at Front Desk in person or call 425-487-2441. Lunch served in the dining room 12 -12:30 PM.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
BAKED BRIE GRILLED CHEESE WITH APPLE AND HONEY DIJON VEGETABLE FRUIT DESSERT	CHICKEN FETTUCINE SALAD VEGETABLE FRUIT DESSERT	ALL BEEF CHILI DOG COLESLAW CARROT SALAD FRESH FRUIT DESSERT	QUICHE LORRAINE SALAD BROCCOLI FRUIT DESSERT	FISH TACOS ELOTE CORN SALAD RICE GREEN SALAD FRUIT DESSERT
8	9	10	11	12
CHEESE TORTELLINI WITH PESTO VEGETABLE SALAD FRUIT DESSERT	CHICKEN TIKKA MASALA RICE NAAN CUCUMBER TOMATO SALAD VEGETABLE FRUIT DESSERT	BEEF TACO SALAD FRUIT DESSERT	ROAST PORK LOIN POTATOES SALAD CARROTS FRUIT DESSERT	BRAZILIAN FISH COCONUT RICE GREEN BEANS SALAD FRUIT DESSERT
15	16	17	18	19
MISR WOT (ETHIOPIAN LENTIL STEW) RICE VEGETABLE SALAD FRUIT DESSERT	SPAGHETTI AND MEATBALLS BROCCOLI SALAD FRUIT DESSERT	CHICKEN CAESAR SALAD WRAPS FRUIT DESSERT	BRATWURST POTATO VEGETABLE SALAD FRUIT DESSERT	SALADE NICOISE WITH TUNA ROLL FRUIT DESSERT
22	23	24	25	26
CHINESE PEANUT NOODLES GRILLED CHICKEN VEGETABLE FRUIT DESSERT	FALAFEL PITA GREEK SALAD FRUIT DESSERT	CHICKEN AND SAUSAGE JAMBALAYA VEGETABLE SALAD FRUIT DESSERT	ANTIPASTO CHICKPEA SALAD ROLL VEGETABLE FRUIT DESSERT	CRISPY MISO- BUTTER COD RICE BROCCOLI SALAD FRUIT DESSERT
29	30	31		
SHRIMP AND MANGO SALAD ROLL VEGETABLE FRUIT DESSERT	CHICKEN PAILLARD WITH CREAMY PARMESAN SALAD VEGETABLE MEDLEY POTATOES FRUIT DESSERT	PORK FRIED RICE VEGETABLE SALAD FRUIT DESSERT	MENU IS SUBJECT TO CHANGE	A \$4 dollar donation is suggested for seniors 60 and older. Guests under 60 can enjoy a meal for a \$10 dollar charge. We accept Qwest Cards, cash or checks paid daily, weekly or monthly.