

JULY 2022 Hot Lunch Menu

Northshore Senior Center

Make reservations 48 hours in advance at Front Desk in person or call 425-487-2441. Lunch served noon to 12:30 PM.

				1
	MENU IS SUBJECT TO CHANGE	A \$4 dollar donation is suggested for seniors 60 and older. Guests under 60 can enjoy a meal for a \$10 dollar charge. We accept Qwest Cards, cash or checks paid daily, weekly or monthly.		TUNA CASSEROLE SALAD VEGETABLE MEDLEY FRUIT DESSERT
4	5	6	7	8
NORTHSHORE SENIOR CENTER CLOSED CELEBRATING THE FOURTH OF JULY	MEATLOAF POTATOES CARROTS SALAD FRUIT DESSERT	MAC & CHEESE BROCCOLI SALAD FRUIT DESSERT	CHICKEN CAESAR SALAD ROLL FRUIT FRENCH ONION SOUP DESSERT	INDIAN BUTTER SHRIMP RICE BROCCOLI FRUIT DESSERT
11	12	13	14	15
VEGGIE AND CHEESE FRITTATA POTATOES VEGETABLE MEDLEY FRUIT DESSERT	CHICKEN SALAD ON CROISSANT CARROTS SALAD FRUIT DESSERT	BEEF TACOS RICE VEGETABLE MEDLEY FRUIT DESSERT	TURKEY TETRAZZINI BROCCOLI SALAD FRUIT DESSERT	SALMON SLIDERS POTATOES VEGETABLE MEDLEY FRUIT DESSERT
18	19	20	21	22
STUFFED BAKED POTATOES WITH VEGGIES SALAD FRUIT DESSERT	PORK LOIN POTATOES GREEN BEANS FRUIT DESSERT	SPAGHETTI AND MEATBALLS SALAD GREEN BEANS FRUIT DESSERT	BLT AVO SANDWICH SALAD FRUIT DESSERT	CRISPY MISO BUTTER FISH RICE PEAS AND CARROTS FRUIT DESSERT
25	26	27	28	29
VEGGIE 3 BEAN CHILI CORNBREAD VEGETABLE MEDLEY FRUIT DESSERT	HAMBURGERS SALAD BROCCOLI FRUIT DESSERT	CALIFORNIA CHICKEN COBB SALAD ROLL FRUIT DESSERT	VERA CRUZ FISH POTATOES VEGETALE FRUIT DESSERT	BARBEQUE CHICKEN POTATOES BROCCOLI SALAD FRUIT DESSERT