

# Northshore Senior Center

## Navigator Newsletter - June 2022

Class Info Online [HERE](#)

Spring Catalog [HERE](#)

[www.northshoreseniorcenter.org](http://www.northshoreseniorcenter.org)

## Celebrating 50 Years

### Northshore Senior Center Anniversary



**By Nathan Phillips (Chief Executive Officer)**

In 1972, a group of volunteer civic activists got together to found the Northshore Senior Center. Over the next 50 years, NSC's volunteers and supporters grew the organization from a small scrappy start-up to the flourishing network of programs, clubs, care centers, and services that it is today. What started in borrowed space in Lyttle House now has four locations in Bothell, Kenmore, and Mill Creek, and a wide range of services including food assistance, transportation services, support for families caring for loved ones with disabilities, and so much more. Check out the full timeline of Northshore Senior Center [HERE](#).

But there is still much work to do before NSC achieves its vision of a community where everyone leads full, healthy, and inspired lives. We hope you will celebrate with us this month as we turn 50 years old. Join us for some cake and birthday fun. Add your name to the giant birthday card, and check out the new NSC time capsule.

Most of all, as we reflect on what we have done together over the past fifty years, help us imagine what else we should be doing for the next fifty.

## Message from the NSC Board

Happy PRIDE Month



### CENTER UPDATES & CHANGES

We are constantly adding and adjusting programming to meet your needs. Find this month's list of class and activity changes.

#### Learn more:

[Bothell](#)

[Kenmore](#)

[Mill Creek](#)



### JOIN US FOR LUNCH!

**In-person dining is BACK!**

Reserve your meal one week in advance by calling (425) 487-2441.

Click [HERE](#) for Menu





**By Suzanne Greathouse (NSC Board President)**

Every year in June, people around the world celebrate diversity, inclusion, and the LGBTQ+ community. To us, celebrating Pride means promoting self-affirmation, dignity, and equal rights for all. It's a time for people from all walks of life to stop and reflect on what it means to be truly accepting and accepted, and the peaceful, positive effect this can have on the world.

Before Pride became a celebration, it started out as a protest. On June 28, 1969, in the Greenwich Village neighborhood of New York, the queer community responded to a police raid that began at the Stonewall Inn, a bar that served as a safe haven for the city's gay, lesbian and transgender community.

[Read More...](#)

## It's Back! Join us 12-4p on 7/4



The Northshore Senior Center is excited to announce that after a two-year hiatus, we will be bringing back our annual 4th of July Food Truck Festival at our Bothell Senior Center, in conjunction with the City of Bothell's 4th of July Parade.

We will have a variety of food trucks in attendance, a pie eating contest, music, and much more. Walk over to the Bothell Senior Center after the Bothell Parade for more family fun!

Click [HERE](#) to learn more and to be the first to find out which food trucks will be participating this year.

### GET INVOLVED TODAY!!

A Great Way to Give Back To The Community!

We are continuing to offer more classes and programs. This means that we have a lot more opportunities for volunteers, so if you are thinking of ways to contribute and help, please check our our opportunities below.

[Volunteer & Career Opportunities](#)

[Volunteer Interest Form](#)

Searching for individuals looking to help other seniors. Find out more below.



[Employment & Community Connections](#)

### SIGN UP FOR OUR ANNUAL 5K



Additional info and how to register can be found [HERE](#).

### WE ARE HIRING!!



Join our team and help make a daily impact in the lives of those in our community

Job Opportunities [HERE](#)

### WAYS TO SUPPORT US?



## Monthly Community Pancake Breakfast

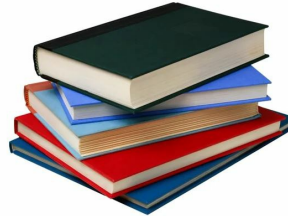
Each month the entire community is invited to the Bothell Senior Center, to join us for a hearty breakfast of pancakes, eggs and sausage or bacon, along with coffee, tea or orange juice.

**June 4th, 8:00-11:00am**  
**\$5/person**



## Library Exchange Book Monthly Focuses

Each month our centers will be showcasing different books and authors based on monthly themes. In June, our center's book exchange library theme is: **LGBTQ+ Authors.**



Please stop by and check out our selection.



Make a Gift in recognition of our 50th Anniversary

Donate [HERE](#)

Contact [Nina McGuinness](#) for more information.

## QUICK LINKS

Curious on who to contact for what? check this list out.

[Northshore Staff Contacts](#)

We are in need of food supplies. Please consider donating.

[Food Bank Needs](#)



Looking for a way to provide feedback? Feel free to call our voicemail at (425) 949-5300, send an email to our [Advisory Council](#).

## UPDATED COVID-19 POLICIES:

NSC is no longer requiring guests to mask in most Senior Center facilities. Masks will still be required in the Adult Day Health and Inclusion programs. In deciding whether to wear a mask, please remember to "Read the Room" and respect the choices of others. NSC is closely monitoring health conditions in the Northshore community, and may adopt new safety protocols if local conditions change. Thank you for helping us keep Northshore safe and healthy!

Contact Us | Phone: 425-487-2441 | [info@mynorthshore.org](mailto:info@mynorthshore.org)