## February 2022 Hot Lunch Menu

## **Northshore Senior Center**

Make reservations at Front Desk in person or call 425-487-2441 (48hrs in advance) Lunch served 11:30 AM to 12:00 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	CHICKEN FETTUCINE VEGETABLE MEDLEY SOUP FRUIT DESSERT	STEAK TERRIYAKI RICE BROCCOLI SOUP FRUIT DESSERT	HAM AND CHEESE QUICHE SALAD ROLL SOUP FRUIT DESSERT	BAKED TILAPIA GREEN BEANS POTATOES SOUP FRUIT DESSERT
7	8	9	10	11
MACARONI AND CHEESE VEGETABLE MEDLEY SOUP FRUIT DESSERT	STIR FRIED CHICKEN WITH RED CURRY SAUCE RICE GREEN BEANS SOUP FRUIT DESSERT	MEATLOAF POTATOES PEAS AND CARROTS SOUP FRUIT DESSERT	BAKED PIT HAM PINEAPPLE SAUCE GREEN BEANS YAMS SOUP FRUIT DESSERT	CHILI DOGS CHIPS COLESLAW SOUP FRUIT DESSERT
14	15	16	17	18
PAN SAUTEED PRAWNS WITH RED CHILE AND LIME RICE BROCCOLI FRUIT DESSERT	OPEN FACE TURKEY SANDWICH GRAVY POTATOES VEGETABLE MEDLEY SOUP FRUIT DESSERT	ORANGE CHICKEN RICE BROCCOLI SOUP FRUIT DESSERT	SMOKEY VANILLA PORK ROAST SWEET POTATO FRIES GREEN BEANS SOUP FRUIT DESSERT	VERA CRUZ COD RICE VEGETABLE MEDLEY SOUP FRUIT DESSERT
21	22	23	24	25
PRESIDENTS DAY CENTER CLOSED	FRENCH DIP CARROT SALAD FRENCH FRIES SOUP FRUIT DESSERT	DEAD HEAD PAD THAI 3 BEAN SALAD SOUP FRUIT DESSERT	BBQ CHICKEN SALAD ROLL FRUIT SOUP DESSERT	TURKEY RAGU GREEN BEANS SOUP FRUIT DESSERT
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BAKED CHICKEN POTATOES SALAD SOUP FRUIT DESSERT		MENU IS SUBJECT TO CHANGE	A \$5 dollar donation is suggested for seniors 60 and older. Guests under 60 can enjoy a meal for a \$10 dollar charge.	