

October 2021 Hot Lunch Menu

Northshore Senior Center

Must make reservations 24 HOURS in advance (in person) at Front Desk or call 425-487-2441

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
MENU IS SUBJECT TO CHANGE		A \$5 dollar donation is suggested for seniors 60 and older. Guests under 60 can enjoy a meal for a \$10 dollar charge.		KRAB CAKE TARTAR SAUCE MIXED VEGETABLES RICE PILAF FRUIT DESSERT
4	5	6	7	8
BACON CHEESEBURGER Lettuce & Tomato FRENCH FRIES COLE SLAW FRUIT DESSERT	MACARONI AND CHEESE STEAMED BROCCOLI FRESH FRUIT DESSERT	SUBWAY SANDWICH VEGETABLE PASTA SALAD FRUIT COOKIE	BEEF STEW SWEET POTATO BISCUIT GREEN SALAD FRUIT DESSERT	TURKEY WITH GRAVY CORN BREAD STUFFING PEAS AND CARROTS FRUIT DESSERT
11	121	3	14	15
GLAZED HAM MASHED YAMS MIXED VEGETABLES FRESH FRUIT DESSERT	APPLE CIDER SAUCED PORK LOIN RICE STRING BEANS BISCUIT WITH BUTTER FRUIT DESSERT	SUBWAY SANDWICH CHIPS FRUIT COOKIE	CHICKEN CACCIATORE PASTA PARMESAN ZUCCHINI BOAT FRUIT DESSERT	STUFFED TALAPIA COUSCOUS GLAZED CARROTS FRESH FRUIT DESSERT
18	19	20	21	22
BEEF GOULASH EGG NOODLES BREAD & BUTTER TOMATO CUCUMBER SALAD FRUIT DESSERT	CHICKEN WALDORF SALAD (Apple, celery, grapes) ON MIXED GREENS CHEESE BREAD STICK FRUIT DESSERT	SUBWAY SANDWICH CARROT RAISIN SALAD FRUIT COOKIE	STUFFED PEPPERS BUTTERED BROCCOLI ROLL & BUTTER FRUIT DESSERT	QUICHE LORRAINE PARSLEY POTATOES ORANGE ROMAINE SALAD FRUIT DESSERT
25	26	27	28	HAPPY HALLOWEEN 29
TURKEY, CRANBERRY CREAM CHEESE CROISSANT SPINACH SALAD FRUIT DESSERT	STEAK AND MUSHROOM SAUTÉ STUFFED POTATO VEGETABLE SAUTÉ ROLL WITH BUTTER FRUIT DESSERT	SUBWAY SANDWICH PINEAPPLE COLESLAW FRUIT COOKIE	BUTTERMILK CHICKEN ROASTED ONION MASHED POTATOES DILL CAULIFLOWER FRUIT DESSERT	CADAVAR RIBS TOMBSTONE POTATOES SWAMP SPINACH FRUIT PUMPKIN MOUSSE 