

September 2021 Hot lunch Menu

Northshore Senior Center

Meals are prepared from scratch daily

Please call in advance to RSVP for lunch (425) 487- 2441

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Subway Sandwich Turkey Chips Fruit Dessert	FareStart Meal	FareStart Meal
6	7	8	9	10
Labor Day HOLIDAY	Meatballs Noodles and Gravy Broccoli Fruit Dessert	Subway Sandwich Turkey Potato Salad Fruit Dessert	Shepherd's Pie Zucchini Roll Tropical Fruit Dessert	Lemon Roasted Chicken Rice Mixed Vegetables Dessert
13	14	15	16	17
Meatloaf Mashed Potatoes Gravy Green Beans Fruit Dessert	Chicken Alfredo Penne Pasta Broccoli Dinner Roll Fruit Dessert	Subway Sandwich Turkey Chips Fruit Dessert	Spaghetti and Meat Sauce Green salad Dinner roll Seasonal Fruit Dessert	Sweet and Sour Pork Rice Asian Vegetable Fruit Dessert
20	21	22	23	24
Indian Butter Chicken Basmati Rice Green Salad Fruit Dessert	Salisbury Steak Mashed Potatoes Green beans Fruit Dessert	Subway Sandwich Turkey Macaroni Salad Fruit Dessert	Roasted Lamb Red Potatoes String Beans Fruit Dessert	Sloppy Joe Slider Coleslaw Baked Beans Fruit Dessert
27	28	29	30	
Tuna and Rice Casserole Dinner Roll Garden salad Fruit Dessert	Beef Stew Dinner Roll Garden salad Fruit Dessert	Subway Sandwich Turkey Chips Fruit Dessert	Teriyaki Chicken Rice Mixed Vegetables Fruit Dessert	