

AUGUST 2021 Hot Lunch Menu**Northshore Senior Center**

Must call 24hrs in advance to reserve a lunch for pick up or delivery. 425-487-2441. Pick up between 11:30-12:00 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
TERIYAKI CHICKEN STEAMED RICE SESAME VEGETABLES SOUP FRESH FRUIT DESSERT	ALL BEEF HOT DOG POTATO SALAD CELERY & CARROT STICKS SOUP FRESH FRUIT DESSERT	SUBWAY TURKEY SANDWICH GREEN SALAD SOUP COOKIE FRESH FRUIT	SHEPHERD'S PIE GREEN BEANS SOUP FRESH FRUIT DESSERT	CHICKEN CLUB SALAD DINNER ROLL SOUP FRUIT DESSERT
9	10	11	12	13
CHICKEN AND SAUSAGE JAMBALAYA CAJUN VEGIES SOUP FRESH FRUIT DESSERT	ROAST PORK LOIN PARSLEY POTATOES ROASTED CARROTS SOUP FRUIT DESSERT	SUBWAY TURKEY SANDWICH COLE SLAW SOUP COOKIE FRESH FRUIT	PEPPERONI PIZZA BREAD GREEN SALAD SOUP FRUIT DESSERT	FISH AND CHIPS COLE SLAW CLAM CHOWDER SOUP FRESH SOUP DESSERT
16	17	18	19	20
BAKED PENNE WITH MEAT SAUCE GARLIC BREAD FRESH BROCCOLI SOUP FRUIT DESSERT	BARBECUE PORK SANDWICH TATER TOTS COLE SLAW SOUP FRUIT DESSERT	SUBWAY TURKEY SANDWICH CHIPS SOUP COOKIE FRESH FRUIT	BEEF STEW CHEDDAR BISCUIT VEGETABLE MIX SOUP FRUIT DESSERT	ROCKFISH VERA CRUZ SPANISH RICE SOUTHWEST VEGIE SOUP FRUIT DESSERT
23	24	25	26	27
TUNA NOODLE CASSEROLE MIXED VEGETABLES SOUP FRUIT DESSERT	MEATLOAF MASH POTATOES FRESH BROCCOLI SOUP FRUIT DESSERT	SUBWAY TURKEY SANDWICH CARROT PINEAPPLE SALAD SOUP COOKIE FRESH FRUIT	BRAISED PORK AND SAUERKRAUT RED POTATOES STEW TOMATOES SOUP FRUIT DESSERT	CHICKEN CACCIATORE HERBED PENNE SUMMER SQUASH SOUP FRUIT DESSERT
30	31			
TURKEY ALA KING GREEN BEANS SOUP FRUIT DESSERT	BRATWURST GERMAN POTATOS BRAISED CABBAGE SOUP FRUIT DESSERT		MENU IS SUBJECT TO CHANGE	A \$5 dollar donation is suggested for seniors 60 and older. Guests under 60 can enjoy a meal for a \$10 dollar charge. We accept cash or check.