

# Northshore Senior Center

## *Pantry Essentials*

### CANNED FOODS

PEACHES  
MANDARIN ORANGES  
PINEAPPLE  
FRUIT COCKTAIL  
PEARS  
BLACK & REFRIED BEANS  
TOMATOES

PINTO & KIDNET BEANS  
CHILI  
BAKED BEANS  
PORK & BEANS  
CHICKEN BROTH  
VEGETABLE SOUP  
CHICKEN

### GRAIN & STARCH

GRANOLA BARS  
CRACKERS  
OAT MEAL PACKETS  
INSTANT POTATOES  
COLD CEREAL  
DRIED PINTO BEANS  
DRIED BLACK BEANS  
DRIED LENTILS  
DRIED SPLIT PEAS

### OTHER

COOKING OIL  
STRAWBERRY JAM  
PEANUT BUTTER  
ENSURE / MUSCLE MILK

UPDATED AS OF 7/12/21

No one should go hungry. As our community responds to the spread of coronavirus, COVID-19 related disruptions have greatly increased the need for emergency food across our community. Please consider donating today, to help feed someone in need tomorrow. Have items to donate? Please drop off at NSC in our large donation bin out in front of our building (10201 E. Riverside Drive, Bothell, WA 98011).

