

**APRIL 2021 Hot Lunch Menu****Northshore Senior Center**

Call to reserve a lunch at 425-487-2441. Lunch Pick up 11:30AM to 12 PM. (Deliveries between 11:30-1:30.)

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|--|--|---|---|--|
|  |  |   | <b>1</b>  | <b>2</b>   |
| <b>MENU IS<br/>SUBJECT<br/>TO<br/>CHANGE</b>                               |  | A \$4 dollar donation is suggested for seniors 60 and older. Guests under 60 can enjoy a meal for a \$10 dollar charge. | CHICKEN PHAD THAI<br><br>JASMINE RICE<br>STEAMED SPINACH SOUP<br>FRUIT DESSERT    | SEAFOOD CAKES (SALMON, COD, & SHRIMP)<br><br>RICE PILAF<br>FRESH ASPARAGUS SOUP<br>FRUIT DESSERT |
| <b>5</b>   | <b>6</b>   | <b>7</b>  | <b>8</b>  | <b>9</b>   |
| PERUVIAN CHICKEN<br>FRENCH FRIES<br>VEGETABLE BLEND SOUP<br>FRUIT DESSERT  | MEAT LASAGNA<br>GARLIC BREAD<br><br>SUMMER SQUASH SOUP<br>FRESH FRUIT DESSERT  | SUBWAY TURKEY SANDWICH<br><br>VEGETABLE SALAD SOUP<br>FRUIT COOKIE  | ROAST TURKEY<br><br>CORN BREAD STUFFING<br>PEAS AND CARROTS SOUP<br>FRUIT DESSERT | CHICKEN TACO SALAD<br><br>AVOCADO SALSA DRESSING<br>TORTILLA CHIPS SOUP<br>FRUIT DESSERT         |
| <b>12</b>  | <b>13</b>  | <b>14</b>   | <b>15</b>   | <b>16</b>  |
| SALSBURY STEAK<br><br>BAKED POTATO<br>FRESH BROCCOLI SOUP<br>FRUIT DESSERT | ROAST PORK LOIN<br><br>BROWN RICE<br>GREEN BEANS SOUP<br>FRUIT DESSERT   | SUBWAY TURKEY SANDWICH<br><br>CHIPS<br>VEGETABLE SOUP<br>FRUIT COOKIE   | CHICKEN CACCIATORE<br><br>CARROTS SOUP<br>FRUIT DESSERT                           | BREADED COD<br><br>FRENCH FRIES<br>COLE SLAW SOUP<br>FRESH FRUIT DESSERT                         |
| <b>19</b>  | <b>20</b>  | <b>21</b>   | <b>22</b>   | <b>23</b>  |
| GLAZED PIT HAM<br><br>YAMS<br>PEAS AND CARROTS SOUP<br>FRESH FRUIT DESSERT | SWEDISH MEATBALLS<br><br>EGG NOODLES<br>TOMATOS SOUP<br>FRUIT DESSERT  | SUBWAY TURKEY SANDWICH<br><br>CARROT SALAD<br>VEGETABLE SOUP<br>FRUIT COOKIE  | QUICHE LORRAINE<br><br>PARSLEY POTATOES<br>ASPARAGUS SOUP<br>FRUIT DESSERT        | CHICKEN MARSALA<br><br>RAINBOW ROTELLI<br>GLAZED CARROTS SOUP<br>FRUIT DESSERT                   |
| <b>26</b>  | <b>27</b>  | <b>28</b>   | <b>29</b>   | <b>30</b>  |
| CHICKEN ALA KING<br><br>GREEN BEANS<br>FRUIT SOUP<br>DESSERT               | SEATTLE HOT DOG (CREAM CHEESE & GRILLED ONIONS)<br><br>POTATO WEDGES<br>CARROT STICKS<br>COOKIES SOUP<br>FRUIT DESSERT | SUBWAY TURKEY SANDWICH<br><br>COLE SLAW<br>VEGETABLE SOUP<br>FRUIT COOKIE   | TERIYAKI CHICKEN<br><br>STEAMED RICE<br>FRESH BROCCOLI SOUP<br>FRUIT DESSERT      | TILAPIA VERA CRUZ<br><br>SPANISH RICE<br>BAJA SQUASH SOUP<br>FRUIT DESSERT                       |