









1% milk, roll or bread, and fortified margarine are available with all meals.
 All fresh produce is subject to availability. Substitutions may be made without notice.
 "This institution is an equal opportunity provider."

AUGUST 2019

Mon	Tue	Wed	Thu	Fri
<p>Homage Senior Services Nutrition Program</p>			<p>1 Tossed Salad Turkey & Cheese Sandwich Steamed Carrots Mandarin Oranges</p>	<p>2 Carrot Raisin Salad Salisbury Steak Mashed Potatoes Green Beans Peaches Roll</p> 
<p>5 Potato Salad Hamburger Lettuce and Tomato Baked Beans Tropical Fruit</p> 	<p>6</p> 	<p>7 Tossed salad Spaghetti and meatballs w/ marinara sauce Capri vegetables Garlic bread Peaches</p>	<p>8 Coleslaw Fish & chips tartar sauce and ketchup Corn muffin Fruit Cocktail</p>	<p>9 Vegetable Soup Chicken salad Croissant w/ Lettuce Steamed Carrots Applesauce</p>
<p>12 Hot Turkey Sandwich Mashed Potatoes w/ gravy Capri Vegetables Peaches</p>	<p>13 Tossed Salad Beef Lasagna Bread Sticks Tropical Fruit</p>	<p>14 Tuna Melt on English Muffin Potato Salad Apricots Chocolate Pudding</p>	<p>15 Tossed Salad Golden Baked Chicken Rice Pilaf Mixed Vegetables Pineapple</p>	<p>16 SUMMER BBQ Hamburgers & Hot dogs Potato Salad Baked beans Watermelon</p>
<p>19 Pickled beet salad Lentil Soup Egg salad sandwich Mandarin Oranges</p>	<p>20 Fish taco with shredded cabbage, tomato, cheese and salsa Refried beans Peaches</p>	<p>21</p> 	<p>22 Tossed Salad Sloppy Joe Sandwich Potato Wedges Fruit Cocktail</p>	<p>23 Asian slaw Teriyaki chicken w/Rice Asian vegetables Pineapple Roll</p>
	<p>27 Spinach Salad Turkey Cranberry Wrap Potato Salad Pears</p>	<p>28 Vegetable Soup Ham Sandwich w/ Lettuce and tomato Potato Wedges Applesauce</p> 	<p>29 Tossed Salad/ Roll Dijon Chicken Orzo w/ Peas Broccoli Tropical Fruit</p>	<p>30 Meatloaf Scalloped potatoes Mixed Vegetables Peaches Roll</p>