NOVEMBER 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
NB = Northshore NK = Kenmore NM = Mill Creek AL= Aegis Living C = Chateau FBP = Fairwinds Brittany Pk. F= Foundation House	MG-C = Merrill Gardens—Creekside MG-MC = Merrill Gardens-Mill Creek V= Vineyard Park	*See reverse side for addresses and telephone numbers*		**1** VA Assisted Living Benefits Seminar & Open House 10:30 AM @FBP *425-402-7100*	**2** Holiday Market 9AM-4PM @ NB Multipurpose Rm Alice Paul by Dimitre Storyteller 2PM @ C Happy Hour Music & refreshments 3PM @AL RSVP 425-487-3245	**3** Pancake Breakfast 8-11AM @ NB Dining Rm $4-5 Holiday Market 9AM-3PM @ NB Multipurpose Rm
4 Daylight Savings Time Ends	**5** Self Compassion 10-11:30 AM at NB Rm 202	**6 Election Day** Long term Care Ombudsman 1-3PM @ NB Rm 202 Brain Health Talk by Jane Tornatore 4PM @ C Bistro Evergreen Healthcare Healthy Alternatives 2 PM @FBP RSVP 424-402-7100	**7** Powerful Tools for Caregivers 1-3PM @NM Free RSVP 425-948-7183 USO Fundraiser Dinner & Entertainment 4:30 PM @MG-C $10 Creative Writing for Caregivers 10-11:30 AM @NB H&W Conference Rm	**8** USO Fundraiser Event: 11:30 AM-6PM luch or dinner, at 1:30 Jazz & Swing with Double Bars @ MG-MC Minimum suggested donation $10	**9** Friday Friends Party with Music from Swing Time Express 5-7PM @V RSVP 425-485-8900 Happy Hour Music & refreshments 3PM @AL RSVP 425-487-3245	**10** Michelle's Gifts & Creations (Christmas Bazaar) 3PM @ C B1 Bldg A
11 Veteran's Day Veteran's Day Concert 3-4PM @ NB Multipurpose Rm Donations welcome	**12 Veteran's Holiday-CLOSED** Breakfast honoring Veterans 8-9AM @V RSVP 425-	**13**	**14**	**15** Waffle Breakfast Fundraiser 8:30-11AM @ MG-MC *$10 Donation*	**16** Happy Hour Music & refreshments 3PM @AL RSVP 425-487-3245	**17** Pancake Breakfast 8-11AM@ NB Dining Rm. $4-$5
18	**19**	**20**	**21**	**22 Thanksgiving Holiday CLOSED**	**23** Holiday-CLOSED Happy Hour Music & refreshments 3PM @ AL, RSVP 425-487-3245	**24** Holiday Kick Off Party sing along with Primo Kim 1:30 PM @MG-C
25	**26**	**27** Variety Show Concert 2-4PM @NB Dining Rm $3	**28**	**29** Taste of Retirement And Health Fair 11AM-1PM @ North Creek Presbyterian Church Free	**30** Memory Loss by Alzheimers Assoc 9-10:30AM @NB Rm203 Happy Hour Music & refreshments 3PM @AL RSVP 425-487-3245	***Save the Date:*** *Dec. 1, 15—Pancake Breakfast* *Dec.11—Boeing Band*

NB = Northshore Senior Center
10201 E. Riverside Drive
Bothell, WA 98011-3708
425-487-2441

NK = Kenmore Senior Center
6910 NE 170th Street
Kenmore, WA 98028
425-489-0707

NM = Mill Creek Senior Center
15720 Main Street (#210)
Mill Creek, WA 98012
425-948-7170

AL = Aegis Living
10605 NE 185th Street
Bothell, WA 98011
425-487-3245

C = Chateau Retirement Community
17543 102nd Ave NE
Bothell, WA 98011
425-485-1155

FBP = Fairwinds Brittany Park
17143 133rd Ave NE
Woodinville, WA 98072
425-402-7100

MG-C = Merrill Gardens Creekside
18200 Woodinville Snohomish Road NE
Woodinville, WA 98072
425-483-7953

MG-MC = Merrill Gardens Mill Creek
14905 Bothell-Everett Hwy
Mill Creek, WA 98012
425-672-4673

MH = Madison House
12215 NE 128th
Kirkland, WA 98034
425-821-8210

V = Vineyard Park
10519 East Riverside Dr.
Bothell, WA 98011
425-354-3914
Reservations: 425-931-2951