




Mon	Tue	Wed	Thu	Fri
1 Tomato salad Chili topped baked potato with cheese Pears <i>Roll</i>	2 Asian slaw Sweet & sour chicken Rice Stir fry vegetables Mandarin oranges <i>Roll</i>	3 Broccoli salad Salmon Roast potato medley Fruit cocktail <i>Roll</i>	4 Tossed salad Salisbury steak Mashed potatoes Dilled carrots Apricots <i>Roll</i>	5 Tossed salad Roast pork w/Scalloped apples Stuffing Green beans Tropical fruit Roll <i>Roll</i>
8 Lasagna Mixed Vegetables Roll Fruit	9 Tossed salad Chicken alfredo Penne Pasta Mixed vegetables Applesauce Roll	10 Spinach salad Shepherd's pie w/Mashed potatoes Dilled carrots Mandarin oranges <i>Roll</i>	11 Cucumber salad Baked fish w/lemon dill sauce Baked potato Pears <i>Roll</i>	12 Tossed salad French dip on hoagie roll Potato wedges <i>Fruit cocktail</i>
15 Fiesta salad Spinach Quiche Roast potatoes Muffin <i>Citrus sections</i>	16 <p style="text-align: center;">Oktoberfest</p> Bratwurst with sauerkraut and peppers / roll Bavarian potato salad <i>Apple strudel</i>	17 Coleslaw Fish burger ww bun Sweet potato fries <i>Fruit cocktail</i>	18 <p style="text-align: center;">CHEF CHOICE</p> 	19 Tossed salad Beef Macaroni Tomato Casserole Apricots <i>Roll</i>
22 Tossed salad Cheese ravioli w/ marinara sauce Bread stick <i>Tropical fruit</i>	23 Beet salad Chicken Pot Pie w/ vegetables & biscuit top Peaches	24 Taco Casserole w/ beef, cheese, rancho / refried beans, chips, salsa and sour cream Mandarin oranges	25 Carrot raisin salad Meatball stroganoff Noodles Capri vegetables <i>Applesauce</i>	26 Cucumber salad Lemon Pepper Pollock Rice pilaf Roll Pears
29 Fruit salad Spanish omelet Potato medley Cookie Roll	30 Tossed salad Spaghetti w/meat sauce parmesan cheese Garlic breadstick Fruit cocktail	31 <p style="text-align: center;">Halloween</p> Swamp grass salad Bloody Chicken fingers Vampire repelling garlic fries Bobbing apples	1% milk, roll or bread, and fortified margarine served with all meals. <i>All fresh produce is subject to availability.</i> Substitutions may be made without notice "This institution is an equal opportunity provider" 