

January 2019 Soup & Sandwich

Northshore Senior Center




Make reservations at Front Desk in person or call 425-487-2441. Lunch served 11:45 AM to 12:15 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
<p>A \$4 donation is suggested for seniors 60 and older. Persons under 60 can enjoy a meal for a \$10 charge. We gladly accept Quest Cards, cash or Checks paid daily, weekly or monthly</p>		<p>Salmon Salad on a Bun Soup of the day Fruit Tapioca Pudding</p>	<p>Turkey & Provolone on Whole Wheat Soup of the Day Fresh Fruit</p>	<p>Corn beef on Rye Coleslaw Soup of the Day Fresh Fruit ICE CREAM BAR</p>
7	8	9	10	11
<p>Egg Salad on Whole Wheat Soup of the Day Fruit Chocolate Pudding</p>	<p>Roast Beef & Cheddar on Wheat Bread Butternut Squash Soup Fruit Dessert</p>	<p>Italian Sub 3 meats, cheese Potato Salad Minestrone Soup Fruit Dessert</p>	<p>Chicken Patty Sandwich Lettuce, tomato Potato Leek Soup Fruit Dessert</p>	<p>Ham & Swiss on Whole Wheat Carrot Raisin Salad Clam Chowder Fresh Fruit ICE CREAM BAR</p>
14	15	16	17	18
<p>Turkey Croissant Sandwich with Cream Cheese, & Cranberry Cream of Potato Soup Fruit</p>	<p>Ruben Rye Bread Potato Salad Beet Borsht Fruit Dessert</p>	<p>Beef Chili Dog, Cheese & Onions Soup of the Day Melon Dessert</p>	<p>Sub Sandwich Ham, Turkey, Pastrami & Provolone French Onion Soup Gr. Salad with Fresh Berries Birthday Cake </p>	<p>Chicken Salad on Whole Wheat Lettuce & tomato Soup of the Day Fresh Fruit ICE CREAM BAR</p>
21	22	23	24	25
<p>Closed Martin Luther King Day </p>	<p>Turkey Bacon Salad Sandwich Soup of the Day Fruit Dessert</p>	<p>Shrimp Salad in Pita Bread Tabbouleh Salad Fruit Jell-O</p>	<p>Meat loaf Sandwich with Lettuce, Tomato Broccoli Salad Vegetable Soup Fruit</p>	<p>French Dip Green Salad Soup of the Day Fruit ICE CREAM BAR.</p>
28	29	30	31	
<p>Hamburger & Cheddar on Bun Fries Hearty Vegetable Soup Peaches Dessert</p>	<p>Grilled Cheese Tomato Soup Fruit Dessert</p>	<p>Tuna Salad on Whole Wheat Soup of the Day Fruit Dessert</p>	<p>Bacon Egg Salad on Wheat Soup of the Day Fruit Dessert</p>	<p>Menu Is Subject to Change</p>

January 2019 Hot Lunch Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	2	3
Menu is subject to change	<p>Happy New Year</p>  <p>CLOSED</p>	<p>Beef Stroganoff w/ egg Noodles Steamed Broccoli Green Salad Dressing Fruit Roll, Butter</p>	<p>BBQ Pork Spanish Rice Mixed Vegetable Fresh Fruit Roll with butter</p>	<p>Creamed Chicken Herbed Biscuit Lemon Glazed Carrots Fruit</p> <p>ICE CREAM BAR</p>
7	8	9	10	11
<p>Sweet & Sour Pork Steamed Rice Stir Fry Vegetables Mango & Peaches</p>	<p>Beef Pot Pie Green Salad (Tomato, cucumber, croutons) Fruit Tapioca Pudding</p>	<p>Polish Sausage Braised Cabbage German Potato Salad Fruit Dessert</p>	<p>Meatballs in Red Sauce Polenta Zucchini Boat Garlic Bread Fruit</p>	<p>Seafood Chowder in a Bread Bowl Broccoli Fresh Fruit</p> <p>ICE CREAM BAR</p>
14	15	16	17	18
<p>Italian Links with Pasta Spinach Salad Garlic Bread Fruit Dessert</p>	<p>Roasted Chicken Harvard Beets Mashed Yams Fruit Roll with butter Dessert</p>	<p>Glazed Ham Brussels Sprouts O'Gratin Potatoes Fruit Dessert</p>	<p>Crab Stuffed Tulapia Yellow Rice Almond Gr, Beans Fresh Fruit Birthday Cake</p> 	<p>Buttermilk Chicken Baked Potato Sour Cream & Gr. Onion Roasted Carrots Fresh Fruit</p> <p>ICE CREAM BAR</p>
21	22	23	24	25
<p>Closed Martin Luther King Day</p> 	<p>BBQ Ribs Sautéed Greens Roasted Root Vegetables Apple Crisp Roll with butter</p>	<p>Teriyaki Chicken Steamed Rice Asian Cucumber Salad Tropical Fruit</p>	<p>Meatloaf Stuffed Pepper Mashed Potatoes Mixed Vegetables Fresh Fruit</p>	<p>Fish & Chips Coleslaw Tartar Sauce Fresh Fruit</p> <p>ICE CREAM BAR</p>
28	29	30	31	
<p>Chicken Alfredo Fettucine Spinach Salad Garlic Bread Fruit Dessert</p>	<p>Pork Chops Steamed Yellow Rice Mixed Vegetables Chunky Apple Sauce Dessert</p>	<p>Quiche Lorraine Roasted Potatoes Baked Parmesan Tomato Pineapple Orange Mix Dessert</p>	<p>Shepherd's Pie Mix Green Salad Fruit Roll with butter Dessert</p>	<p>A \$4 donation is suggested for seniors 60 and older. Persons under 60 can enjoy a meal for a \$10 charge. We gladly accept Quest Cards, cash or Checks paid daily, weekly or monthly</p>