

NORTHSHORE WRANGLERS

SPECIAL RECREATION & COMMUNITY INCLUSION PROGRAM

• ALL AGES • RECREATION • ADVOCACY • SKILLS • INCLUSION •

VOLUNTEER OPPORTUNITIES



The Wranglers Program offers year-round, weekly and ongoing activities for individuals of all ages with intellectual, cognitive & developmental disabilities, their family and caregivers. As part of the Northshore Health and Wellness Center, the Wranglers Program compliments programs offered via the Northshore Adult Day Center. Both Centers are part of the Northshore Senior Center, a non-profit 501(c)3.

Sampling of Programs Offered

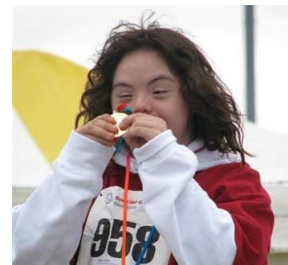
Day Activity Program
Games+Social Time
Skills & Education
Community Events
Basketball
Bowling
Camps
Yoga & Tennis

Music
Drama
Singing
Art
Track
Karate
Computers
Dances

WWW.NORTHSHOREWRANGLERS.ORG



- FUN FOR ALL



VOLUNTEERS:

- ❖ Support participants at activities and events
- ❖ Support program staff with supervision
- ❖ Assist participants one-on-one as needed*
** does not involve personal care (e.g. feeding/toileting)*

VOLUNTEER REQUIREMENTS

- ❖ Maturity, patience and responsibility to work with persons of all ages with disabilities
- ❖ Ability and confidence to volunteer independently with indirect supervision
- ❖ Age 16 and older (younger ages okay with parent accompaniment or staff approval)
- ❖ Activities: Ability to commit 1-2 hours/day, once weekly for 8-10 weeks. Days and times are listed on the Wranglers website:
www.northshorewranglers.org
- ❖ Events: Ability to commit 3-6 hours one-day. Days and times vary and are listed on the Wranglers website:
www.northshorewranglers.org
- ❖ Ability to pass a criminal background check

PREREQUISITE INFORMATION

- ❖ Completion of Volunteer Application and Volunteer Background Check Form.
- ❖ Meeting with staff prior to start date (to include program orientation).

TIMEFRAME AND COMMITMENT

Opportunities exist for activities and events. Time commitment varies. Activity and event details are listed on the Wranglers website:
www.northshorewranglers.org.

CONTACT INFORMATION

Northshore Wranglers Program
Northshore Health & Wellness Center
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