


September 2017 Hot Lunch Menu

Northshore Senior Center


Make reservations at Front Desk in person or call 425-487-2441. Lunch served 11:45 AM to 12:15 PM.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
A \$5/\$4 donation is suggested for seniors 60 and older. Persons under 60 can enjoy a meal for a \$10 charge. We gladly accept Quest Cards, cash or Checks paid daily, weekly or monthly..	Menu is subject to change.	Milk Refills \$.50		Cajun Panko Tilapia Succotash Hush Puppies ICE CREAM BAR
4	PRICE CHANGE to \$4	5	6	7
NO COMMUNITY DINING LABOR DAY HOLIDAY	Roast Beef Mashed Potatoes and Gravy Mixed Veggies Chef's Choice Dessert	Pork Roast Balsamic Glazed Brussels Sprouts Oven Roasted Sweet Potatoes Chef's Choice Dessert	Roasted Chicken Brown Rice Pilaf Broccoli Roll Chef's Choice Dessert	Pork Chops Mashed Sweet Potatoes Mixed Vegetables ICE CREAM BAR
11	12	Guest Chef Ray Pendergast	14	15
Shrimp & Grits Stewed Okra & Tomatoes, Pickled Cucumber & Onions Chef's Choice Dessert	Brats Braised Red Cabbage German Potato Salad Chef's Choice Dessert	Glazed Ham with Cider Sauce Summer Vegetable Ragout Oven Roasted Potatoes Chef's Choice Dessert	Chicken Marsala Parmesan Risotto Green Salad w/Veggies Chef's Choice Dessert 	Community Dining Closed NSC Health Fair
18	19	20	21	22
Roasted Chicken Broccoli Mashed Sweet Potatoes Chef's Choice Dessert	Meatloaf Mashed Potatoes & Gravy Mixed Vegetables Chef's Choice Dessert	Salmon Croquettes with Red Pepper Aioli Macaroni & Cheese Mixed Vegetables Chef's Choice Dessert	BBQ Pork Ribs Vegetable Slaw Roasted Sweet Potatoes Chef's Choice Dessert	Chicken Alfredo Mixed Green Salad Garlic Bread ICE CREAM BAR
25	26	27	28	29
Tuna Noodle Casserole Mixed Vegetables Chef's Choice Dessert	Spaghetti with Meat Sauce Green Vegetable Salad Garlic Bread Chef's Choice Dessert	Old Fashioned Fried Chicken Mashed Potatoes & Gravy Southern Style Green Beans Chef's Choice Dessert	Sloppy Joe on a Bun Green Salad Potato Chips Chef's Choice Dessert	Beef Stew w/Carrots, Potatoes, Peas Green Salad with Veggies Roll with Butter ICE CREAM BAR

September 2017 Soup & Sandwich

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
Note: All of the sandwiches are accompanied by the vegetable of the day.	A \$5/\$4 donation is suggested for seniors 60 and older. Persons under 60 can enjoy a meal for a \$10 charge. We gladly accept Quest Cards, cash or Checks paid daily, weekly or monthly. Menu is subject to change	Milk Refills \$.50		Ham & Cheddar on Whole Wheat Bread Soup of the Day ICE CREAM BAR
4	PRICE CHANGE to \$4 5	6	7	8
NO COMMUNITY DINING LABOR DAY HOLIDAY	Chicken Salad on Whole Wheat Soup of the Day Chef's Choice Dessert	Chili Dogs with Cheese & Onions Soup of the Day Chef's Choice Dessert	Grilled Cheese Soup of the Day Chef's Choice Dessert	Turkey on Whole Wheat Bread Soup of the Day ICE CREAM BAR
11	12	13	14	15
Salami & Cheese on Wheat Bread Soup of the Day Chef's Choice Dessert	B.L.T. on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Ham & Cheese on White Bread Soup of the Day Chef's Choice Dessert	Tuna Salad on Whole Wheat Bread Soup of the Day Chef's Choice Dessert 	Community Dining Closed NSC Health Fair
18	19	20	21	22
Roast Beef & Cheddar on Wheat Bread Soup of the Day Chef's Choice Dessert	Krab Salad on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Pastrami & Cheese on Rye Bread Soup of the Day Chef's Choice Dessert	Turkey & Cheese on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Chicken Salad on Whole Wheat Soup of the Day ICE CREAM BAR
25	26	27	28	29
Tuna Salad on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Ham & Cheese Sliders Soup of the Day Chef's Choice Dessert	Salami & Cheese on Wheat Bread Soup of the Day Chef's Choice Dessert	Grilled Cheese on Whole Wheat Bread Soup of the Day Chef's Choice Dessert	Chili Dogs with Cheese & Onions Soup of the Day ICE CREAM BAR