

AUGUST 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:00 Mood Food (Mill Creek) 10:00 Women's Coffee Hour (Mill Creek)	2 8:30 Men's Breakfast 10:00 Caregivers' Support Group 11:30 Piano Workshop	3 10:30 Caregivers' Support Group (Mill Creek)	4	5 8:00 Pancake Breakfast
6	7	8	9 10:00 Reverse Mortgages (Mill Creek) 1:00 Cannabis Education Seminar (Mill Creek) 1:00 Kenmore Steering Committee (Kenmore)	10 8:00 Ransacked Attic Sale	11 8:00 Ransacked Attic Sale 11:15 Men's Coffee Hour (Mill Creek)	12 8:00 Ransacked Attic Sale
13	14 11:00 Managing Life's Transitions (Kenmore) 1:30 Mill Creek Steering Committee (Mill Creek)	15 8:30 Finance Meeting 10:00 Parkinson's Support Group 10:00 Women's Coffee Hour (Mill Creek) 12:45 Laughter Yoga 1:00 Foundations of Investing Seminar 5:00 Board Meeting	16 11:30 Piano Workshop 2:00 Newcomers' Orientation 6:30 Adult Children of Aging Parent Support Group	17	18 10:00 Book Club (Bruno, Chief of Police)	19 8:00 Pancake Breakfast
20	21 12:00 Stamp Club	22 12:45 Cooking for One	23 10:00 Do You Have Your House In Order? (Mill Creek)	24 12:00 Outreach Committee	25	26
27	28	29	30	31		

RECURRING WEEKLY (BOTHELL ONLY)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:45 Pinochle (No cards Aug 5,12) 2:00 Coffee & Conversation 1:00 Ping Pong (No class Aug 6)	7:15 Hiking 8:15 Enhance Fitness (No class Aug 7, 9, 11) 9:30 Enhance Fit. Adv. (No class Aug 7, 9, 11) 9:30 German Conversation (No class Aug 7) 10:00 Plein Air 11:00 Zumba Gold (No class 7,9,11) 11:45 Community Dining Lunch Program 12:30 Pickleball (No games Aug 5,7,8,9) 1:00 Astronomy (No class Aug 7) 1:00 Everyone Can Write (No class Aug 7)	8:30 Senior Strength (No class Aug 8,10) 9:00 Foot Care 9:00 Walking Group 9:30 Woodcarving (No class Aug 8) 9:30 Knit Wits (No class Aug 8) 9:30 Golf Club 9:30 Pickleball (Adv.&Inter.) 11:45 Community Dining Lunch Program 12:00 Pickleball (Beg. & Novice) 1:00 Pie Day 1:00 Basic Art & Mixed Media (No class Aug 8) 1:00 Bocce Ball 1:00 Qigong (No class Aug 8) 2:30 Yoga for Parkinson's	8:15 Enhance Fitness (No class Aug 7, 9, 11) 9:30 Enhance Fit. Adv. (No class Aug 7, 9, 11) 9:30 Mah Jongg 10:00 Ceramics (No class Aug 9) 10:30 Tell Your Own Story (No class Aug 9) 11:00 Zumba Gold (No class 7,9,11) 11:45 Community Dining Lunch 12:00 Bridge (No cards Aug 9) 12:45 Double Deck Pinochle (No cards Aug 9) 12:30 Oil And Acrylic Painting (No class Aug 9) 12:45 Double Deck Pinochle (no cards Aug 9) 1:00 Sharing & Caring 1:00 Ballroom Dance (1st and 3rd week) 2:30 Guitar Group (No class Aug 9) 2:30 Ballroom Dance Lessons (2nd, 4th, 5th week; No class Aug 9) 3:00 Ballroom Dance Lessons (1st and 3rd week) 5:30 Pickleball 6:30 Driftwood (No class Aug 9)	8:30 Driftwood (No class Aug 10) 8:30 Senior Strength (No class Aug 8,10) 8:30 Yoga (No class Aug 10) 9:00 Craft Group (No class Aug 10) 9:00 Walking Group 9:00 Foot Care 10:00 Environmental Group (2nd & 4th week; No class Aug 10) 11:00 Colored Pencil (No class Aug 10) 11:00 Seated Yoga (No class Aug 10) 11:45 Community Dining Lunch Program 12:30 Hand & Foot (No cards Aug 10) 12:30 Pickleball (Adv. & Inter.) 12:45 Pinochle (no cards Aug 10) 1:00 Current Issues 2:30 Pickleball (Beg. & Novice)	8:15 Enhance Fitness (No class Aug 7, 9, 11) 9:00 Watercolor (No class Aug 11) 9:30 Enhance Fitness Adv. (No class Aug 7, 9, 11) 10:30 Cribbage (no cards Aug 11) 11:00 CODA 11:00 Zumba Gold (No class Aug 7,9,11) 11:30 Duplicate Bridge (No class Aug 11) 11:45 Community Dining Lunch Program 12:00 Pickleball 1:00 Poetry Group (No class Aug 11) 1:00 Poker (no cards Aug 11) 1:30 Tai Chi (No class Aug 11) 2:30 Pickleball	9:00 Pickleball 1:00 Bingo (No bingo Aug 5,12)